



# Clinical Practice Standard: Naturopathic Allergy Testing and Treatment

Principle	Outcome Statement
<b>As a naturopathic physician licensee, you must meet the following Principles within the Clinical Practice Standard: Naturopathic Allergy Testing and Treatment.</b>	<b>People receiving health services from a naturopathic physician licensee expect that their health care practitioner will:</b>
Principle 1: Naturopathic Physician licensees must have additional training and competence, as well as access to emergency supplies within their practice environment to conduct testing and/or treatment for allergies.	Have the training, skills and equipment needed to perform testing and treatment for allergies, and to manage allergic reactions should they occur.

## Definitions

**Challenge testing for allergies:** A procedure that involves exposing a patient to a suspected allergen in a controlled practice environment to confirm or rule out an allergy. Includes oral exposure, skin patch, skin prick (epicutaneous), intradermal, and other clinically appropriate means.

**Desensitizing treatment for allergies:** Treatment of a patient that involves controlled exposure to an allergen to reduce the hyper-reactivity of the immune system. Includes oral immunotherapy, sublingual immunotherapy, subcutaneous immunotherapy, and other clinically appropriate means.



**Additional Training:** refers to structured education with an objective assessment of knowledge and skills beyond entry-level competency that includes both theoretical and practical components including:

- Theory and principles of the technique and/or approach
- Assessment and diagnosis
- Treatment
- Proper handling, including storage and preparation, of substances when applicable
- Risk, and management as applicable

**Principle 1: Naturopathic Physician licensees must have additional training and competence, as well as access to emergency supplies within their practice environment to conduct testing and/or treatment for allergies.**

*To meet this standard, naturopathic physician licensees must:*

- 1.1 Have additional training to perform challenge testing and/or desensitization treatments.
- 1.2 Hold appropriate current life support certification to manage potentially life-threatening emergencies.
- 1.3 Have within the practice environment the appropriate emergency medical supplies, including but not limited to epinephrine and oxygen.