



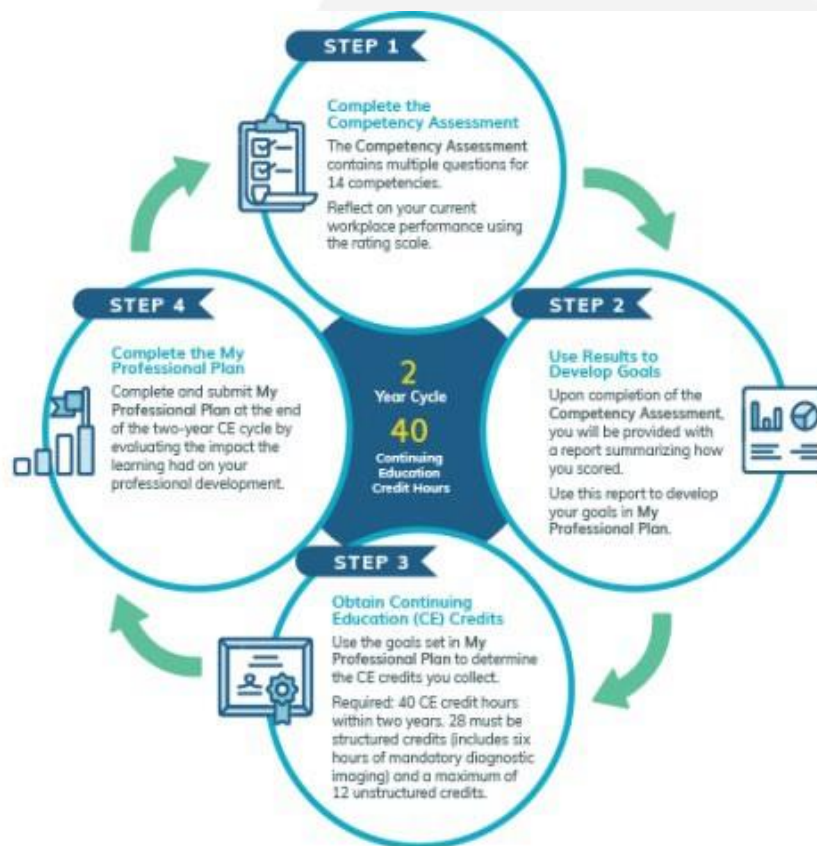
Practice Support Program

The Practice Support Program (PSP) is a tool to assist chiropractors with reflecting on their practice, developing meaningful, self-reflective, competency-based career goals and identifying continuing education to meet those goals. The program encompasses the existing continuing education (CE) credit process and provides additional guidance to support chiropractors in achieving their career goals in an evidence-informed manner.

Steps in the Practice Support Program

As the diagram below demonstrates, the PSP consists of the following steps:

1. Complete a self-reflective Competency Assessment.
2. Complete the *My Professional Plan* learning plan that guides continuing education activities.
3. Proceed with **continuing education requirements** found in the 'Continuing Education' section of the [Registrant Practice Resources](#) webpage.



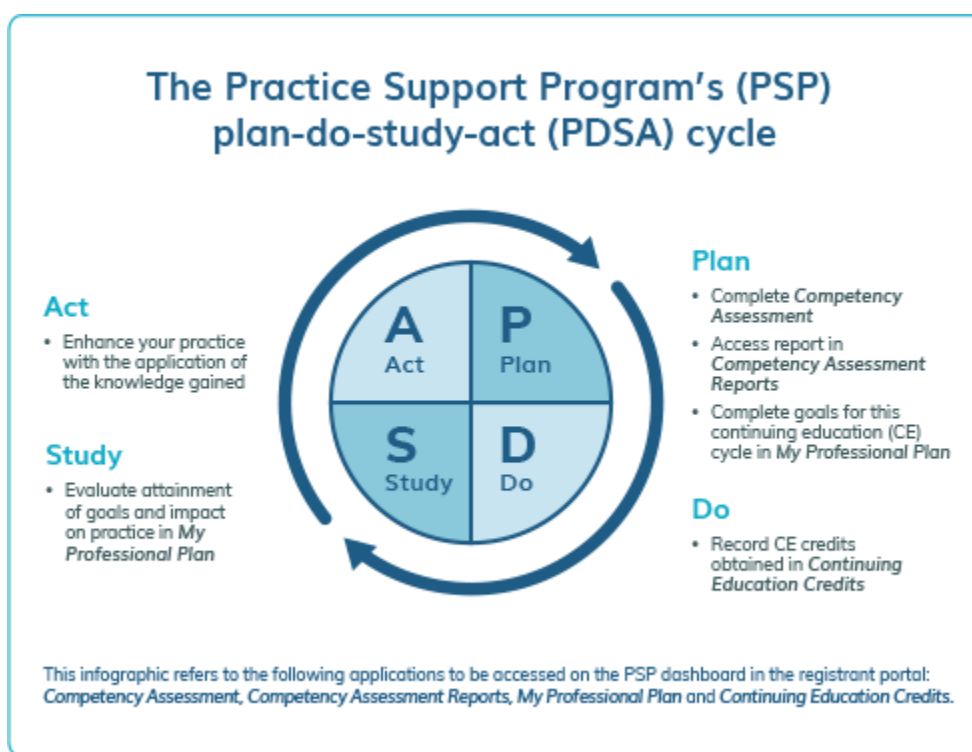


4. Complete and submit *My Professional Plan* by March 31.

The College strongly advises chiropractors to complete the Competency Assessment and develop learning goals **before** identifying the CE credits.

Registrants can access the Competency Assessment and My Professional Plan in the “Practice Support Program” tab in their [Registrant Portal](#).

Plan – Do-Study-Act (PDSA) Approach



The Practice Support Program is a continuous cycle of learning that incorporates the plan-do-study-act (PDSA) approach.

Chiropractors **Plan** a change by completing the Competency Assessment and the first two fields of *My Professional Plan*, they **Do** as they carry out their plans when they collect their Continuing Education (CE) credits, at the end of the continuing education cycle they **Study** by reflecting on their learnings and documenting these in *My Professional Plan*, and finally they **Act** by applying their learnings to the treatment of patients. The cycle continues as they build on the learnings in the next continuing education cycle.

Competency Assessment



The Practice Support Program is structured around 14 Career Span Competencies (CSCs) that apply in all workplace settings and across the career-span. Chiropractors explore the Career-Span Competencies by completing the self-assessment tool called the Competency Assessment.



After completing the Competency Assessment, chiropractors can review a generated report reflecting opportunities for professional development.

My Professional Plan

My Professional Plan contains three fields:



1. *My identified learning needs and interests are: (registrants will write their learning goals based on the competency assessment report.)*
2. *I plan to meet my learning needs and interests by: (registrants will enter a target date to meet the goals.)*
3. *My evaluation of the effectiveness of the learning activities I have undertaken is: (registrants will evaluate the impact of learning on their practice.)*

Important Notes

Practice Support Program is a planning tool provided by the College to support chiropractors' professional development. The completion of the Practice Support Program is **not** applicable for Continuing Education (CE) credits.

At the beginning of the CE cycle, chiropractors will use the Competency Assessment to set their goals for the CE cycle by completing the first two fields of My Professional Plan. At the end of the cycle, chiropractors will reflect on their learnings and document it in the third field of *My Professional Plan*.

The College encourages chiropractors to use the PSP as a tool for self-reflection and growth. The College will not scrutinize chiropractors' entries or penalize registrants for a low ranking in the competency assessment scale. The only requirement is to complete and submit the fields at the end of the CE cycle.