



TCMA: PRACTICE SUPPORT PROGRAM

Step 5: PROFESSIONAL DEVELOPMENT PLAN – QA Cycle Evaluation

Name: Shelley A

My Quality Assurance (QA) Cycle is from, April 1 2023 to March 31, 2025

Please provide your final thoughts. The following questions may provide some assistance in guiding your final thoughts. *This step helps you prepare for the next QA cycle and makes sure your learning is continuing from what you achieved and discovered about yourself and your practice within the current QA cycle.*

- *Are your learning objective(s) in the Development Plan met at the end of the current QA cycle?*
- *Will some of the learning objectives be continued and/or met in the next QA cycle?*
- *How did the learning overall impact your practice? What are some outcomes on your practice?*
- *Did you find any particular learning resource/form of learning most impactful to you?*
- *Did you learn something about yourself or your practice from your learning?*
- *Any new areas of learning for further growth identified from this cycle?*
- *How is your progress with the long-term learning objectives in your Development Plan?*

1. Yes. I feel satisfied that the learning objectives in my Development Plan have been met in this QA cycle.
2. I will definitely continue to pursue growth and knowledge in these areas, as they both require ongoing learning and skill development.
3. I can confidently say that these learnings have dramatically impacted my practice. I have greater confidence and ability to communicate as a result. This has had a positive impact on patient relationships and outcomes, as well as my collaboration with other health care providers.
4. Of particular value was the subscription to a TCM/A specific web-based learning platform that offers access to current research and up to date efficacious practices of TCM/A. Additionally, the connections made through my association have had a positive influence on my mental wellbeing - so I do not feel so alone and alienated in my practice.
5. I learned that my fear of "not knowing what to say" when it came to collaboration with other care providers was keeping me from learning how to best approach effective relationship building. This was negatively impacting the best care that I could have been providing to my patients.
6. This process has helped me to realize how each element of the CSC is connected to one another and how much they overlap. I already have ideas for new areas to develop in the next QA cycle - specifically around record keeping, which I think I could improve upon.