TCMA: PRACTICE SUPPORT PROGRAM

Step 4: PROFESSIONAL DEVELOPMENT PLAN – Evaluate Activities

Name: _Shelley A_____

My Quality Assurance (QA) Cycle is from,_April 1_____ 20_23_____ to March 31, 20_25_____

For each Learning Activity(ies) completed (PSP Step 3), evaluate and self-reflect on the learning outcome. Use the examples of reflective questions below to guide your evaluation of the impact the learning activity has had on your practice.

Reflective Questions
- *How does this learning activity meet the learning objective(s) set in your Continuing Professional Development Plan?*

- *What impact did this learning have on your practice? What are specific outcomes you have noticed?*

- *What did you learn about yourself or your practice by completing this learning activity?*

- *Did you identify any new areas for further growth as a result of this learning activity?*

Learning Activity: 1

Completion Date: June 30, 2024

Evaluation / Self-Reflection of the learning activity in meeting your learning objective(s):

Engaging with other professionals in the field gave me greater confidence in my ability to communicate effectively. I learned how to connect with other health professionals using language that was a reflection of TCM practices nut in a more understandable way to practitioners outside of the TCM/A profession. I will definitely continue to connect and focus on these connections and work towards communicating more effectively. The implementation of the monthly Health Team Challenge was VERY helpful and successful. It was especially helpful to build trust and understanding within the clinic s multidisciplinary team. As a result, I feel less alienated in my practice as a result of the connections and lessons I learned through this process.

Learning Activity: 2

Completion Date:

May 30, 2024

Evaluation / Self-Reflection of the learning activity in meeting your learning objective(s):

This was a more difficult learning activity for me. Although I learned more than I knew previously about research, etc., I recognize that this is an area that will require ongoing learning. I was however able to connect with more experienced colleagues in this area and their experience has been helpful in this learning objective. The website that many practitioners of TCM/A are using and I subscribed to, has been very helpful and will continue to develop this area of learning and incorporate its teachings into my practice.