



TCMA: PRACTICE SUPPORT PROGRAM

Step 5: PROFESSIONAL DEVELOPMENT PLAN – QA Cycle Evaluation

Name: Joe Doe

My Quality Assurance (QA) Cycle is from, August 1 2023 to March 31, 2026

Please provide your final thoughts. The following questions may provide some assistance in guiding your final thoughts. *This step helps you prepare for the next QA cycle and makes sure your learning is continuing from what you achieved and discovered about yourself and your practice within the current QA cycle.*

- *Are your learning objective(s) in the Development Plan met at the end of the current QA cycle?*
- *Will some of the learning objectives be continued and/or met in the next QA cycle?*
- *How did the learning overall impact your practice? What are some outcomes on your practice?*
- *Did you find any particular learning resource/form of learning most impactful to you?*
- *Did you learn something about yourself or your practice from your learning?*
- *Any new areas of learning for further growth identified from this cycle?*
- *How is your progress with the long-term learning objectives in your Development Plan?*

At the end of the current QA cycle, I think that my learning objectives have been met. Firstly, I was able to gain a deeper understanding of patient record security, retention, and access by studying regulatory standards. This was achieved by taking the course “Effective Patient Record Management” from an association. Additionally, I was able to learn three new acupuncture techniques from practitioners with experience treating car accident injuries by participating in three 1-hour monthly traditional Chinese medicine and acupuncture peer-group discussions.

As I reflect on this cycle, I realize that some of the learning objectives will need to be continued and/or met in the next QA cycle. Specifically, I plan to continue to study regulatory standards related to patient record management to ensure that my practice is in compliance with the latest guideline. Similarly, in acupuncture, while I have learned three new protocols, I need to continue to stay up to date with the latest research and literature in my field to ensure that my patients receive the best possible care.

Overall, the learning has had a good impact on my practice. I am now able to provide better care to my patients, and I have greater confidence in my ability to manage patient records securely and efficiently. The outcomes of this learning include more informed treatment plans for patients, improved documentation, and more secure storage and management of patient records.

Of the various learning resources and forms of learning, I found the TCM/A peer-group discussions to be the most impactful. These discussions provided me with the opportunity to learn from experienced practitioners, discuss challenging cases, and seek advice.

Through this learning, I have also gained insight into my practice and myself as a practitioner. For example, I have realized that staying up-to-date with the latest research and literature in my field is important to provide the best possible care to my patients. I have also learned that it is helpful to have a network of peers with whom I can discuss challenging cases and seek advice.

As I look towards the next QA cycle, I have identified areas for further growth, including staying up-to-date with the latest regulatory standards and guidelines related to patient record management, and continuing to stay current with the latest research and literature in acupuncture. My long-term objectives include maintaining and improving the quality of care I provide to my patients and continuing to develop my knowledge and skills in traditional Chinese medicine and acupuncture. Overall, I feel that I have made much progress towards these objectives during this QA cycle.