TCMA: PRACTICE SUPPORT PROGRAM

Step 4: PROFESSIONAL DEVELOPMENT PLAN – Evaluate Activities

Name: __Joe Doe_____

My Quality Assurance (QA) Cycle is from, __August 1__ 20__23__ to March 31, 20__26__

For each Learning Activity(ies) completed (PSP Step 3), evaluate and self-reflect on the learning outcome. Use the examples of reflective questions below to guide your evaluation of the impact the learning activity has had on your practice.

Reflective Questions

- *How does this learning activity meet the learning objective(s) set in your Continuing Professional Development Plan?*

- *What impact did this learning have on your practice? What are specific outcomes you have noticed?*

- *What did you learn about yourself or your practice by completing this learning activity?*

- *Did you identify any new areas for further growth as a result of this learning activity?*

Learning Activity: I took the course " Effective patient record management" from the TCM association ABC.

Completion Date: December 5, 2024

Evaluation / Self-Reflection of the learning activity in meeting your learning objective(s):

1. This learning activity was directly related to my Continuing Professional Development Plan goal of gaining a deeper understanding of regulatory standards of patient record security, retention, and access. The course covered key principles of effective patient record management, including data accuracy, accessibility, and confidentiality. By taking this course, I have developed a deeper understanding of how to manage patient records effectively and responsibly, with a strong focus on patient-centered care.

2. This learning has had a significant impact on my practice, particularly in terms of improving patient record management. I have noticed several specific outcomes, such as improved patient data security and accessibility. Additionally, I have become more confident in my ability to manage potential breaches of patient confidentiality and to advocate for patients' privacy and security rights.

3. By completing this learning activity, I learned that effective patient record management is a critical aspect of providing patient-centered care. I also recognized the importance of staying up-to-date on the latest regulatory developments in patient record management, and I will continue to prioritize this in my practice. I discovered the complexity in patient data privacy and security with digital data, and I will continue to ensure that all patient records are managed in a way that prioritizes these principles.

4. As a result of this learning activity, I identified several new areas for further growth, such as improving my communication with patients about their rights to access and custody their health information. Additionally, I recognized the importance of collaborating with other healthcare professionals to ensure that patient records to ensure continuity of care. Finally, I will seek out opportunities to stay informed about the latest practice standard on patient record management and to continue learning about best practices in this area.

Learning Activity: | I scheduled and attended three 1-hour monthly TCM/A peer-group discussions on "Acupuncture and Auto Injury Rehabilitation."

Completion Date:

July 15, 2025

Evaluation / Self-Reflection of the learning activity in meeting your learning objective(s):

Participating in the three 1-hour monthly traditional Chinese medicine and acupuncture peer-group discussions about treating car accident injuries has been a valuable learning experience that has met my learning objectives for my Continuing Professional Development Plan.

Firstly, this learning activity has allowed me to achieve my goal of learning three new acupuncture techniques from experienced practitioners who have treated car accident injuries. I was able to learn about different protocols used by different practitioners, and their experiences in treating these types of injuries.

Secondly, the impact of this learning has been significant in my practice. Specifically, I have noticed that I am now able to develop more comprehensive treatment plans for patients who have been involved in car accidents. Additionally, I have been able to provide more detailed and informed advice to patients about the types of treatments they should expect to receive and how long they should anticipate their recovery to take.

Thirdly, through participating in these discussions, I have learned more about myself as a practitioner. I have realized that it is essential to continually update my knowledge and skills to provide the best possible care to my patients. I have also learned that it is helpful to have a network of peers with whom I can discuss challenging cases and seek advice.

Finally, this learning activity has identified areas for further growth in my practice. In particular, I have identified the need to continue to stay up-to-date with the latest research and literature in my field and to participate in more peer-group discussions to continue to develop my TCM knowledge and skills.