TCMA Continuing Competency Activity Log

Name: _____

Registration No. _____

College of
COMPLEMENTARY HEALTH
PROFESSIONALS OF BC

Two Year Log from: April 1, _____ to March 31, _____

Year   Year

Disclaimer: This TCMA Continuing Competency Activity Log is for TCMA registrants whose current QA cycle began before August 1, 2023.

Category A - Interactive Formal Courses	Category B - Self Study (Max 16 hrs)	Category C - Structured Interactive Activities (Max 10 hrs)	Category D - Using Practice Support Program (PSP) Components	CE Requirements
List Provider, course name, date and number of hours	List details of articles, journals, texts, online research, and core knowledge self-improvement	List interactive meetings either live or through other means with other licenced health care practitioners. Provide names of groups or individuals with whom you participated with	Self-Reflective Assessment Tool (10 CE credits)	**Ethics (min 4 hrs)**
Code Description			Continuing Professional Development Plan (10 CE credits)	List or include - details relating to specifics on ethical practice in TCMA listed by indicating in the "Description" column. Can be fulfilled in Category A, B, C, and/or D*.
A1 A1 <u>Live</u> (including in-person or online) interactive workshop, seminar or training when attendance is taken and monitored	**Code Description**	**Code Description**	Learning activity (1 CE per hour of activity) - Indicate in the table which CSC the learning activity is related to.	
	B1 Journal Review	C1 Study Group - Live (In-person)		**Self-Reflective Assessment Tool (10 CE credits)**
A2 Electronically offered continuing education when two conditions are met: (i) attendance is taken and monitored, (ii) there is an assessment tool for the course	B2 Text book relating to TCMA, biomedicine, or health care	C2 Study Group - online or telephone	Learning Evaluation & Reflection (5 CE credits per evaluation / reflection; and up to 20 CE credits for 4 distinct activities)	Mandatory for TCMA registrants whose current QA cycle started on and after April 1, 2022
	B3 Self review of practice and core knowledge. Completion of recorded webinar	C3 Peer Supervision, Clinical Round, or training group	End of QA Cycle Overall Evaluation (5 CE credits)	**Minimum 50 CE hours per reporting period**

* If reporting activities relating to Career-Span Competencies 1 to 6, these activities are considered related to "Ethics".

Category A's Total Hours: _____

Category B's Total Hours: _____

Category C's Total Hours: _____

Category D's Total Hours: _____

Has the "Ethics" minimum 4 CE hours requirement been met? _____

Has the minimum 50 CE Hours per reporting period requirement been met? _____   (Please indicate the activities in the "Description" column)

Completion Date	Category A/B/C/D	Number of CE hours	Description	If Category D learning activities, which Career-Span Competencies?