



# Quality Assurance Program

As a professional regulatory body, CCHPBC is tasked not only with setting and enforcing minimum standards of practice to ensure that registrants provide safe, ethical, and effective care, but also with promoting high practice standards for registrants.

In January 2024, the quality assurance program for RMTs moved away from the previous model of quality assurance to a model that is supported by best practices in regulation and current evidence on continuing competence. Seven guiding principles were created to support the redesign of the Quality Assurance program for RMTs. These guiding principles support a Quality Assurance program that allows CCHPBC to meet its mandate and provides for a meaningful and relevant quality assurance process for all RMTs regardless of their individual practices.

The **guiding principles** for the redesign of the Quality Assurance program for RMTs are that the program:

- Is based on core competencies, professional standards, and Standards of Practice for safe, ethical, and competent practice.
- Supports high practice standards.
- Supports RMTs in continued practice improvement.
- Is inclusive and fairly applied to all RMTs.
- Ensures all RMTs are able to achieve the requirements in a meaningful way.
- Is based on best available evidence.
- Is consistent with CCHPBC's mandate to protect the public.

The following is a summary of changes to the Quality Assurance program:

## Standard First Aid/CPR-C

Previous QA program	New QA program
Practising RMTs must have and maintain current certification in Standard First Aid/CPR-C.	Same

RMTs must maintain current certification in Standard First Aid/CPR-C as a registration renewal requirement.

See the "Standard First Aid & CPR-C" section of the [RMT Registrant Practice Resources page](#) for more information.



## Practice Hours

Previous OA program	New QA program
No requirements.	Practising RMTs are required to obtain 500 practice hours within the previous three (3) years.

Practice hours are a measure of currency in practice and are one indicator of continued competence. A minimum practice hours requirement ensures that RMTs have current practice knowledge and build public trust that a practising RMT can provide safe, effective, and competent care to patients.

See the “Practice Hours” section of the [RMT Registrant Practice Resources page](#) for more information.

## CCHPBC online courses

Previous OA program	New QA program
Completion of College-authored courses is required for registration renewal for both practising and non-practising RMTs.	Practising RMTs are required to complete a College-authored online course each year.
RMTs may choose to complete previous College-authored courses for credits.	RMTs may choose to complete previous College-authored courses.

See the “CCHPBC Online Courses” section of the [RMT Registrant Practice Resources page](#), for more information.

## Practice Development

### Self-Assessment, Learning Plan, and Reflection

Previous OA program	New QA program
No requirements.	Practising RMTs are required to complete a yearly Practice Development Program (PDP) which includes self-assessment, learning plan, and reflection.

### Registrant-directed activities

Previous OA program	New QA program
A two-year continuing education cycle in which registrants complete courses approved by the QA Committee for credits.	Practising RMTs are required to complete two (2) learning activities as part of their yearly Practice Development Program (PDP)



<p>The number of credits a registrant must complete was based on the amount of time the registrant held Practising vs. Non-practising status within a specific cycle.</p>	
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See the “Practice Development” section of the [RMT Registrant Practice Resources page](#) for more information.

## Quality assurance advisory groups

In December 2022, the College of Massage Therapists of BC invited applications from RMTs to participate in a Quality Assurance Program Advisory Group. In creating the advisory group, the College sought participation from RMTs with different backgrounds and practice environments, to reflect the diverse experiences and perspectives of registrants regulated by the College. For this reason, the College invited applications from Black, Indigenous, and other people of colour (BIPOC) registrants, registrants who are part of the LGBTQ2S+ community, registrants of all gender identities, registrants with disabilities, and registrants of all religions and ethnicities. In support of the College’s work on Indigenous cultural safety and humility, the College welcomed and strongly encouraged applications from Indigenous registrants.

From the applicants, 30 RMTs were selected to participate in two separate advisory groups. Each of the advisory groups included RMTs that represented different educational levels, practice environments, and years in practice.

Over the course of two meetings, members of each advisory group were provided information regarding the framework of the redesigned Quality Assurance program and changes to the program that would impact RMTs. Advisory group members engaged in meaningful discussion regarding how the proposed framework and changes might impact registrants and other stakeholders, and provided specific feedback on the self-assessment process and practice hours requirement.

## For more information

For questions related to the Quality Assurance program, please email [Qaprograms@cchpbc.ca](mailto:Qaprograms@cchpbc.ca).