



Learning Resource Guide

indexed to the Career-Span Competencies

**Produced for the College of Traditional Chinese Medicine Practitioners & Acupuncturists
of British Columbia**

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FOREWORD

The Learning Resource Guide identifies, and contains links to, public-domain web-based learning resource materials that are relevant to the Career-Span Competencies. Access to the materials listed is in almost all cases available free-of-charge.

The listing is not exhaustive. An internet search may identify additional resources that you might find relevant and useful. If you come across a resource that you think should be included in this listing, you are encouraged to bring it to our attention by emailing info@csccollaborative.com

The Guide is intended as a supplement to CTCMA's Practice Support Program (PSP), to assist CTCMA registrants in planning continuing education activities. Its basic organizational framework is the PSP's 14 Career-Span Competencies (CSCs). Under each CSC, resources are organized by the profession that they primarily target. However users should be aware that resources are often of value across professions.

The organization that publishes the resource is listed in the guide, together with a hyperlink to the specific resource. Hyperlinks were functional in September 2020. Unfortunately resources may from time to time be relocated, or even removed, by the organization that has published them. This is beyond our control. If you encounter a non-functioning link we suggest as follows:

1. You copy the web address in the link and paste it into a browser.
2. You go to the website of the organization that has published the link and search for the material on their home page or on relevant other pages.
3. In the event that are able to locate the material in a different location, please bring it to our attention by emailing info@csccollaborative.com

Thank you, and we hope that you will find this Learning Resource Guide helpful in planning your professional development activities.

- The Career-Span Competence Collaborative
www.careerspancompetence.com

POTENTIAL RESOURCES					
CSC #	TARGET AUDIENCE	TYPE	TITLE	SOURCE	HYPERLINK
1. Act with professional integrity					
	Massage Therapy	article	6 Keys to professional presentation for massage therapists	Massage Magazine	https://www.massagemag.com/professional-appearance-116712/
	Massage Therapy	book	Ethics and professionalism for massage therapists	Cidalia Paiva	https://knowyourbodybest.com/shop/education/textbooks-for-therapists/ethics-professionalism-for-massage-therapists/
	Massage Therapy	website	Ensuring professional conduct	CMTO	https://www.cmto.com/ensuring-professional-conduct/
	Massage Therapy	book	The educated heart: Professional boundaries for massage therapists and bodyworkers	Nina McIntosh	https://www.goodreads.com/book/show/6700411-the-educated-heart
	Massage Therapy	online lesson	Client-therapist relationships in massage therapy	study.com	https://study.com/academy/lesson/client-therapist-relationships-in-massage-therapy.html
	Massage Therapy	manual	Code of ethics	CMTO	https://www.cmto.com/about-the-profession/code-of-ethics/
	Massage Therapy	research article	"I am a Healthcare Practitioner": A qualitative exploration of massage therapists' professional identify	Journal of Complementary and Integrative Medicine	https://pubmed.ncbi.nlm.nih.gov/31525157/
	Massage Therapy	standard	Maintaining professional boundaries and preventing sexual abuse	CMTO	https://www.cmto.com/assets/Standard-for-Maintaining-Professional-Boundaries-and-Preventing-Sexual-Abuse.pdf
	Massage Therapy	podcast	Public perception and media relations - do it right	Massage Therapy Canada	https://www.massagetherapycanada.com/podcast-episode-2-public-perception-and-media-relations-do-it-right-4582/
	Massage Therapy	article	Drawing a line: Defining boundaries for massage therapists	Massage Therapy Journal	https://www.amtamassage.org/publications/massage-therapy-journal/ethical-boundaries/
	General	webinar	iEthicsQ1 - Foundations of ethical practice	UBC Health	https://elearning.health.ubc.ca/
	General	article	Building trust: 5 tips to enhance your patient relationship	PPAI	http://www.patientadvocatetraining.com/2011/04/20/building-trust-5-tips-to-enhance-your-patient-relationships/
	General	article	Trust in the health care-provider - patient relationship: a systematic mapping review of the evidence base	IJQHC	https://academic.oup.com/intqhc/article/25/6/682/1796239
	Nursing	webinar	Boundaries	BCCNP	https://www.bccnp.ca/Lists/Flash%20Modules/Boundaries/presentation_html5.html
	Nursing	mini-webinar	Professional boundaries: A closer look	BCCNP	https://www.bccnp.ca/Lists/Flash%20Modules/Boundaries_closer_look/presentation_html5.html
	Nursing	webinar	Professional presence	CRNNS	https://crnns.ca/supporting-your-practice/learning/self-directed-learning/professional-presence/
	Nursing	webinar	Professional boundaries	CRNNS	https://crnns.ca/supporting-your-practice/learning/self-directed-learning/professional-boundaries-and-the-nurse-client-relationship/
	Nursing	webinar	Professional boundaries	CRNNS	https://crnns.ca/supporting-your-practice/learning/self-directed-learning/professional-boundaries-and-the-nurse-client-relationship/
	Physical Therapy	website	Good practice: Ethical advertising	PT Alberta College and Association	https://www.physiotherapyalberta.ca/news_items/good_practice_ethical_advertising
	Physical Therapy	article	Where's the line? Professional boundaries in a therapeutic relationship	College of PTs of BC	https://cptbc.org/wp-content/uploads/2015/03/CPTBC-Wheres-the-Line_2015.pdf
	Physical Therapy	practice guideline	Practice guidelines - Use of social media	PT Alberta College and Association	https://www.physiotherapyalberta.ca/files/practice_guideline_social_media.pdf
	TCM/Ac	article	Code of ethics	CMACC	http://www.cmaac.ca/professional-development/practice-management-wellness/ethics
	TCM/Ac	article	Professional duty of candour - openness and honesty	CTCMA	http://www.ctcma.bc.ca/media/1067/dutytocandour.pdf
	Pharmacists	article	How to build and maintain trust with patients	Pharmacy Learning Center	https://www.pharmaceutical-journal.com/pharmacy-learning-centre/how-to-build-and-maintain-trust-with-patients/20201862.article?firstPass=false
	Teachers	article	Maintaining professionalism - Use of Electronic Communication and Social Media	ON College of Teachers	https://www.oct.ca/-/media/PDF/Advisory%20Social%20Media/ProfAdvSocMediaENPRI-NT.pdf

POTENTIAL RESOURCES					
CSC #	TARGET AUDIENCE	TYPE	TITLE	SOURCE	HYPERLINK
2. Communicate effectively					
	Massage Therapy	article	Create a client connection	AMTA	https://www.amtamassage.org/publications/massage-therapy-journal/create-a-client-connection/
	Massage Therapy	article	Better client communication	AMTA	https://www.amtamassage.org/publications/massage-therapy-journal/better-client-communication/
	Massage Therapy	E-Learning Module	Social media awareness	CMTO	https://www.cmto.com/Elearning/Social-Media/player.html (https://www.cmto.com/for-registrants/workshops/)
	Massage Therapy	article	Does narrative medicine have a place in massage therapy?	Massage & Fitness Magazine	https://www.massagfitnessmag.com/massage/does-narrative-medicine-have-a-place-in-massage-therapy/
	Massage Therapy	podcast	Massage therapy now episode 20 - Cathy Ryan and Pam Fitch on the importance of language	Massage Therapy Now	https://massagetherapynow.podbean.com/e/massage-therapy-now-episode-20-cathy-ryan-and-pam-fitch-on-the-importance-of-language/
	Massage Therapy	podcast	Responsibilities, communication skills, and interpersonal challenges for RMTs	Massage Therapy Canada	https://www.massagetherapycanada.com/podcast-episode-7-responsibilities-communication-skills-and-interpersonal-challenges-for-rmts/
	Massage Therapy	guidelines	Conflict of interest	CMTO	https://www.cmto.com/assets/CMTO-Guidelines-on-Conflict-of-Interest.pdf
	Massage Therapy	book	Talking Body, Listening Hands: A guide to professionalism, communication and the therapeutic relationship	Pam Fitch	https://www.pamelafitch-rmt.com/shop.html
	General	webinar	Constructive conflict for collaborative practice	UBC Health	https://elearning.health.ubc.ca/
	General	webinar	Celeste Headlee - 10 ways to have a better conversation	TedTalk	https://www.ted.com/talks/celeste_headlee_10_ways_to_have_a_better_conversation?language=en
	General	webinar	Julien Treasure - 5 Ways to Listen Better	TedTalk	https://www.inc.com/kat-boogaard/5-ted-talks-that-will-make-you-a-better-communicat.html
	General	webinar	Julien Treasure - How to speak so that people want to listen	TedTalk	https://www.ted.com/talks/julian_treasure_how_to_speak_so_that_people_want_to_listen
	General	course	Learn English	Canadian College	http://canada-english.com/
	General	course	Learn English or French	ILSC Language Schools	https://www.ilsc.com/
	General	article	Health communication strategies	Health Communication Strategies	https://www.uniteforsight.org/health-communication-course/module1
	General	article	Interpersonal communication	Interpersonal Communication	http://www.uniteforsight.org/health-communication-course/module1
	General	article	What is plain language?	Plain Language Action and Information Network	https://plainlanguage.gov/about/definitions/
	General	summary sheet	Resolving conflict	Providence Health Care	http://www.providencehealthcare.org/sites/default/files/Resolving%20Conflict%20at%20Work.pdf
	General	module	Dealing with conflict	Algonquin College	https://www.algonquincollege.com/healthandcommunity/preceptورشip/module-four/module-four-dealing-with-conflict/
	Teachers	article	Maintaining professionalism - Use of electronic communication and social media	ON College of Teachers	https://www.oct.ca/-/media/PDF/Advisory%20Social%20Media/ProfAdvSocMediaENPRINT.pdf
	Physical Therapy	practice guideline	Practice guidelines - Use of social media	PT Alberta College and Association	https://www.physiotherapyalberta.ca/files/practice_guideline_social_media.pdf
	Nursing	webinar	Collaborating to resolve professional practice problems	BCCNP	https://www.bccnp.ca/PracticeSupport/RN_NP/CoursesWorkshops/WebModules/Documents/Resolving/index.html
	Nursing	webinar	Communications within the standards of nursing practice	BCCNP	https://www.bccnp.ca/Lists/Flash%20Modules/Communications/presentation_html5.html
	Nursing	mini-webinar	Communication in practice	BCCNP	https://www.bccnp.ca/Lists/Flash%20Modules/Cmn_in_Practice/presentation_html5.html
	Nursing	mini-webinar	Considering context	BCCNP	https://www.bccnp.ca/Lists/Flash%20Modules/Cmns_context/presentation_html5.html
	Nursing	mini-webinar	Effective communication key element	BCCNP	https://www.bccnp.ca/Lists/Flash%20Modules/Cmns_Key_Element/presentation_html5.html
	Nursing	webinar, workbook & toolkit	Resolving professional practice issues	CRNNS	https://crnns.ca/supporting-your-practice/learning/self-directed-learning/resolving-professional-practice-issues/

POTENTIAL RESOURCES					
CSC #	TARGET AUDIENCE	TYPE	TITLE	SOURCE	HYPERLINK
3. Comply with legal requirements					
	Massage Therapy	webpage	Legislation and by-laws	CMTO	https://www.cmta.com/legislation-and-by-laws/
	Massage Therapy	webpage	Privacy law and registrants	CMTO	https://www.cmta.com/for-registrants/privacy-law-and-registrants/
	Massage Therapy	handbook/manual	What you need to know about privacy Law: An overview of the personal health information Protection Act 2004 (2016)	CMTO	https://www.cmta.com/assets/What-You-Need-to-Know-About-Privacy-Law-2016-update.pdf
	Massage Therapy	handbook/manual	Massage Therapy Act	Gov of ON	https://www.ontario.ca/laws/statute/91m27
	General	website	Health Professions Act - TCM practitioners and acupuncturists regulation	Government of BC	http://www.bclaws.ca/civix/document/id/lc/statreg/290_2008
	General	handbook/manual	Regulated Health Professions Act	Gov of ON	https://www.ontario.ca/laws/statute/91r18
	General	handbook/manual	Health Care Consent Act	Gov of ON	https://www.ontario.ca/laws/statute/96h02
	General	handbook/manual	Personal Health Information Protection Act	Gov of ON	https://www.ontario.ca/laws/statute/04p03
	General	handbook/manual	The Personal Health Information Protection Act, 2004: A Guide for Regulated Health Professionals	Steinecke Maciura LeBlanc	https://www.cmta.com/assets/The-Personal-Health-Information-Protection-Act-2004-2016-Update.pdf
	General	handbook/manual	Protecting Patients Act, 2017	Gov of ON	https://www.ontario.ca/laws/statute/s17011
	TCM/Ac	letter/article	Health and safety Ontario	CMAAC	http://www.cmaac.ca/professional-development/practice-management-wellness/health-and-safety
	TCM/Ac	handout	Professional incorporation handout	CTCMPAO	https://www.ctcmpao.on.ca/resources/forms-and-documents/Professional_Incorporation_Handout_Final(October-29-2015).pdf
	TCM/Ac	handbook	Jurisprudence handbook	CTCMPAO	https://www.ctcmpao.on.ca/resources/forms-and-documents/September_2013_Jurisprudence_Handbook_v002_2016-12-14.pdf
	TCM/Ac	handbook	Acupuncture AB: Handbook occupational health and safety	CTCMPAO	http://acupuncturealberta.ca/pdfs/resources/Handbook-of-Occupational-Hazards-Controls-for-Acupuncturists.pdf
	TCM/Ac	handbook	Jurisprudence handbook - BC	CTCMA	http://www.ctcma.bc.ca/quality-practice/jurisprudence-handbook/
	TCM/Ac	website	Laws and legislation	CTCMA	http://www.ctcma.bc.ca/about/laws-legislation/
	TCM/Ac	article	Consent to treatment	CTCMA	http://www.ctcma.bc.ca/media/1061/ctcma-consent-to-treatment.pdf
4. Function in a client-centred manner					
	Massage Therapy	article	Person-centered care: why it matters	Massage Today	https://www.massagetoday.com/articles/14397/Person-Centered-Care-Why-It-Matters
	Massage Therapy	research article	Process for massage therapy practice and essential assessment	Journal of Bodywork and Movement Therapies	https://www.sciencedirect.com/science/article/pii/S1360859216000085
	Massage Therapy	position statement	Conducting a clinical massage therapy practice	CMTO	https://www.cmta.com/position-statement/conducting-a-clinical-massage-therapy-practice/
	General	webinar	Celeste Headlee- How to have a good conversation	TedTalks	https://www.youtube.com/watch?v=H6n3iNh4XLI
	General	article	The 8 principles of patient-centered care	Oneview	https://www.oneviewhealthcare.com/the-eight-principles-of-patient-centered-care/
	General	article	"patient-centred" - what does it mean and how achievable is it?	healthydebate.ca	https://healthydebate.ca/opinions/patient-centred-mean-achievable
	Nursing	webinar	Clinical decision making within the standards of nursing practice	BCCNP	https://www.bccnp.ca/Lists/Flash%20Modules/ClinicalDecisionmaking/presentation_html5.html
	Nursing	mini-webinar	Clinical decision making: A closer look	BCCNP	https://www.bccnp.ca/Lists/Flash%20Modules/Clinical_decisionmaking_Closer_Look/presentation_html5.html
	Nursing	mini-webinar	Unpacking clinical decision making: Frameworks	BCCNP	https://www.bccnp.ca/Lists/Flash%20Modules/Clinical_decisionmaking_Frameworks/presentation_html5.html
	Nursing	webinar	Confidentiality and privacy	BCCNP	https://www.bccnp.ca/Lists/Flash%20Modules/Privacy_Confidentiality/presentation_html5.html
	Nursing	mini-webinar	Special considerations	BCCNP	https://www.bccnp.ca/Lists/Flash%20Modules/PrivacyConfidentiality_considerations/presentation_html5.html
	Nursing	mini-webinar	Challenges related to privacy and confidentiality	BCCNP	https://www.bccnp.ca/Lists/Flash%20Modules/PrivacyConfidentiality_challenges/presentation_html5.html
	Nursing	webinar and docs	Professional boundaries and the nurse-client relationship	CRNNS	https://crnns.ca/supporting-your-practice/learning/self-directed-learning/professional-boundaries-and-the-nurse-client-relationship/

POTENTIAL RESOURCES					
CSC #	TARGET AUDIENCE	TYPE	TITLE	SOURCE	HYPERLINK
	Nursing	webinar	Confidentiality and privacy: An overview and case studies	CNO	http://www.cno.org/en/learn-about-standards-guidelines/educational-tools/webcasts/confidentiality-and-privacy/
	Nursing	article	Person-and family-centred care	RNAO	http://rnao.ca/sites/rnao-ca/files/FINAL_Web_Version_1.pdf
	Physical Therapy	article	Of course we practice 'patient-centered care' So what does that mean	American PT Association	http://www.apta.org/ProfessionInTransformation/Professional/PatientCenteredCare/
	TCM/Ac	article	Consent to treatment	CTCMA	http://www.ctcma.bc.ca/media/1061/ctcma-consent_to_treatment.pdf
5. Work within areas of personal knowledge and skills					
<i>There are intentionally no indexed resources for this CSC</i>					
6. Maintain a safe work environment					
	Massage Therapy	podcast	Patient safety and adverse events	Massage Therapy Canada	https://www.massagetherapycanada.com/podcast-episode-3-patient-safety-and-adverse-events-4679/
	Massage Therapy	guidelines	Infection control for regulated professionals	CMTO	https://www.cmto.com/assets/infection_control_guidelines.pdf
	Massage Therapy	guidelines	Pandemic planning - COVID-19 updated	CMTO	https://www.cmto.com/covid-19/
	General	article	Infection prevention and control for health care offices/clinics	Government of PEI	http://www.gov.pe.ca/photos/original/DHW_IPC_HC.pdf
	General	article	Examples of common workplace hazards	Alberta Health Services	https://work.alberta.ca/elearning/healthcare/pdf/ExamplesCommonWorkplaceHazardsAHS.pdf
	General	website	General - staying up to date	BC Center for Disease and Control	http://www.bccdc.ca/
	General	website	General - staying up to date	Patient Safety Institute	http://www.patientsafetyinstitute.ca/en/Pages/default.aspx
	General	website	General - staying up to date	Infection Prevention and Control Canada	https://ipac-canada.org/
	General	website	Hazards	Canadian Center for Occupational Health and Safety	https://www.ccohs.ca/topics/hazards/
	General	website	Workplace Hazards	Safety Line	https://safetylinelonerworker.com/blog/workplace-hazards/
	General	website	Safety hazards	Safety Line	https://safetylinelonerworker.com/blog/safetyhazards/
	General	website	General - staying up to date	Work Safe BC	https://www.worksafebc.com/en/health-safety/industries/health-care-social-services
	General	website	Know your rights (when working at a clinic)	Health and Safety BC	https://www.healthandsafetybc.ca/resources/rights-and-responsibilities/
	General	website	General - staying up to date	Health and Safety BC	https://www.healthandsafetybc.ca/programs/building_psychologically_healthy_workplaces/
	General	guidelines and toolkits	Guidelines and toolkits (52 documents available)	Provincial Infection Control Network of BC	https://www.picnet.ca/guidelines/
	General	guidelines	Guidelines and standards	Infection Prevention and Control Canada	https://ipac-canada.org/evidence-based-guidelines.php
	General	handbook	Routine practices and additional precautions for preventing the transmission of infection in healthcare settings	Public Health Agency of Canada	http://publications.gc.ca/collections/collection_2013/aspc-phac/HP40-83-2013-eng.pdf
	General	handbook	Best practices for hand hygiene	BC Ministry of Health	http://www.health.gov.bc.ca/library/publications/year/2012/best-practice-guidelines-handhygiene.pdf
	General	documents	PIDAC documents	Public Health Ontario	https://www.publichealthontario.ca/en/BrowseByTopic/InfectiousDiseases/PIDAC/Pages/PIDAC_Documents.aspx
	General	ppt	The safety competencies: Enhancing patient safety across the health professions	Canadian Patient Safety Institute	http://www.patientsafetyinstitute.ca/en/toolsResources/safetyCompetencies/Documents/Forms/AllItems.aspx
	General	fact sheet	Routine practices fact sheet for all health care settings	Public Health Ontario	https://www.publichealthontario.ca/en/eRepository/RPAP_Information_Sheet_All_Health_Care_Settings_2012.pdf
	TCM/Ac	website	Legal requirement - health and safety	CMAAC	http://www.cmaac.ca/professional-development/practice-management-wellness/health-and-safety
	TCM/Ac	handbook	Safety program	CTCMPAO	https://www.ctcmpao.on.ca/resources/forms-and-documents/Safety_Program_Handbook(December-04-2015).pdf
	TCM/Ac	handbook	Safety program handbook	CTCMA	http://www.ctcma.bc.ca/quality-practice/safety-program-handbook/

POTENTIAL RESOURCES					
CSC #	TARGET AUDIENCE	TYPE	TITLE	SOURCE	HYPERLINK
	TCM/Ac	article	Standard for single use medical devices	Acupuncture Alberta	http://acupuncturealberta.ca/pdfs/resources/IPC-Medical-Device-Single-Use-2011_000.pdf
	Physical Therapy	article	Implementing infection prevention and control practices	College of PTs of Ontario	https://www.collegept.org/rules-and-resources/infection-control-equipment-maintenance
7. Maintain comprehensive records					
	Massage Therapy	webpage	Maintenance of client records	CMTO	https://www.cmto.com/policies/administration/maintenance-of-client-records/
	Massage Therapy	webpage	Receipts	CMTO	https://www.cmto.com/policies/administration/receipts/
	Massage Therapy	webpage	Record retention	CMTO	https://www.cmto.com/policies/administration/record-retention/
	Massage Therapy	webpage	Release of records	CMTO	https://www.cmto.com/policies/administration/release-of-records/
	General	website	PIPEDA	Office of the Privacy Commissioner of Canada	https://www.priv.gc.ca/en/privacy-topics/privacy-laws-in-canada/the-personal-information-protection-and-electronic-documents-act-pipeda/
	General	website/guidelines	Guide to good privacy practice	Government of BC	https://www2.gov.bc.ca/gov/content/governments/services-for-government/information-management-technology/privacy/good-privacy-practices
	General	website/guideline	Privacy compliance for clinics in BC	Jane Guide	https://jane.app/guide/privacy-and-security/privacy-compliance-for-clinics-in-british-columbia
	Nursing	webinar	Documentation	BCNNP	https://www.bccnp.ca/Lists/Flash%20Modules/Documentation/presentation_html5.html
	Nursing	mini-webinar	Characteristics of effective documentation	BCNNP	https://www.bccnp.ca/Lists/Flash%20Modules/Documentation_characteristics/presentation_html5.html
	Nursing	mini-webinar	Common errors in documentation	BCNNP	https://www.bccnp.ca/Lists/Flash%20Modules/Documentation_common_errors/presentation_html5.html
	Nursing	mini-webinar	Directives for documentation	BCNNP	https://www.bccnp.ca/Lists/Flash%20Modules/Documentation_directives/presentation_html5.html
	TCM/Ac	practice standard	Clinical record keeping	CTCMA	http://www.ctcma.bc.ca/media/1071/clinicalrecordkeeping.pdf
	TCM/Ac	guideline	Record keeping	CTCMPAO	https://www.ctcmpao.on.ca/resources/forms-and-documents/Record_Keeping_Guideline_v003_2017-06-14.pdf
	Medical doctors	toolkit	BC physician privacy toolkit: A guide for physicians in private practice	Doctors of BC	https://www.oipc.bc.ca/guidance-documents/1470
8. Maintain personal wellness consistent with the needs of practice					
	Massage Therapy	article	Self-care for massage therapists	AMTA	https://www.amtamassage.org/resources/self-care/
	Massage Therapy	article	Balancing act: Work-life balance for massage therapists	AMTA	https://www.amtamassage.org/publications/massage-therapy-journal/work-life-balance-for-massage-therapists/
	General	website	Health and wellness	CCOHS	https://www.ccohs.ca/topics/wellness/
	General	website	General - a lot of good materials	Providence Health Care	http://www.providencehealthcare.org/health-professionals/providence-health-care-professionals/OHResources/WellnessatWork
	General	website	Mental health in the workplace	Government of Canada	https://www.canada.ca/en/public-health/services/mental-health-workplace.html?_ga=1.157395962.152184123.1426527407
	General	tool	Burn out self test	MindTools	https://www.mindtools.com/pages/article/newTCS_08.htm
	General	article	Keeping a clear head: Tips for maintaining mental health as a healthcare professional	Professor	https://professr.com/lifestyle/tips-maintaining-mental-health-healthcare-professional/
	General	article	Self-care for providers during change and stress	SAMHSA	https://newsletter.samhsa.gov/2017/05/03/self-care-for-providers/
	General	article	Healthy living, healthy minds: A toolkit for health professionals	Government of BC	http://www.bcmhsus.ca/Documents/healthy-living-toolkit-for-health-care-professionals.pdf
	General	article	Staying healthy	PHSA	http://www.phsa.ca/health-info/staying-healthy
9. Manage time and resources effectively					
	Massage Therapy	course	Spa management and operations	MTANS	https://mtans.ca/company/roster/companyRosterDetails.html?companyId=29216&companyRosterId=81

POTENTIAL RESOURCES					
CSC #	TARGET AUDIENCE	TYPE	TITLE	SOURCE	HYPERLINK
	Massage Therapy	article	10 strategies to manage time	Massage Magazine	https://www.massagemag.com/10-strategies-manage-time-37023/
	Massage Therapy	article	The value of time: Manage your hours to improve your career and your life	Massage Today	https://www.massagetoday.com/articles/15254/The-Value-of-Time-Manage-Your-Hours-to-Improve-Your-Career-and-Your-Life
	Physical Therapy	webinar	Beat the burnout: Time management tips for private practice PTs	webPT	https://www.webpt.com/resources/webinars/beat-the-burnout-time-management-tips-for-private-practice-pts
	General	webinar	Time management	Upskilled	https://www.upskilled.edu.au/skillstalk/archive/watch-time-management-webinar.aspx
	General	webinar	Focus on what matters: Strategies for managing your time	Canadian Management Center	https://www.ahip.org/time-management-tips-for-health-professionals/
	General	course	Time management skills	UBC - Sauder School of Business	https://www.sauder.ubc.ca/Programs/Executive_Education/Open_Enrollment_Programs/All_Courses/Time_Management_Skills
	General	course (online)	Time and workload management	ON-TRACK	https://www.on-track.com/courses/timeandworkloadmanagement.php
	General	article	Time management tips for health professionals	AHIP	https://www.ahip.org/time-management-tips-for-health-professionals/
10. Treat others respectfully					
	Massage Therapy	guidelines	Diversity Toolkit: Understanding difference in your practice	CMTO	https://www.cmto.com/assets/diversity_toolkit_bulletin_04.pdf
	Massage Therapy	podcast	Working with vulnerable, stigmatized patient populations	Massage Therapy Canada	https://www.massagetherapycanada.com/coming-soon-podcast-episode-6-working-with-vulnerable-stigmatized-patient-populations/
	Massage Therapy	guidelines	An introduction to diversity	CMTO	https://www.cmto.com/assets/bulletin_03.pdf
	General	webinar	Understanding unconscious bias	CCDI	https://ccdi.ca/event-calendar/?displaymonth=2018-12&category=Webinars
	General	program (online)	National Indigenous cultural safety learning series	San'yas	http://www.sanyas.ca/
	General	webinars (series, online)	Cultural competence e-learning module series Module titles include: Introduction to Clinical Cultural Competence / Refugee and Immigrant Health / Social Determinants of Health / Cross-Cultural Communication / Working Effectively with Health-care Interpreters / Health Literacy in Clinical Practice / Pain and Cultural Competence / Parenting Across Cultures / Mental Health and Cultural Competence / Complementary and Alternative Medicine / Ethics and Cultural Competence / Religion, Spirituality, and Health / Cultural Considerations in End-of-Life Care and Bereavement / Valuing Diversity in Health Care / Cultural Competence in Social Work - A Case Study Approach	SickKids	http://www.sickkids.ca/patient-family-resources/child-family-centred-care/Health-Equity-Cultural-Competence/Cultural-Competence-E-Learning-Module-Series/Cultural-Competence-E-Learning.html
	General	webinar	Identifying and overcoming hidden bias	Queens University - Smith School of Business	https://smith.queensu.ca/insight/webinars/identifying_and_overcoming_hidden_bias
	General	PowerPoint document	Unequal treatment...in health care	Mayo Clinic	https://www.apha.org/-/media/files/pdf/webinars/racism_webinar3_part2.ashx?la=en&hash=03FEAEC5349D9D38C68DA31C855767A779C07D7
	Nursing	webinar	Cultural safety	CARNA	http://www.nurses.ab.ca/content/carna/home/practice-and-learning/learning-opportunities/webinars/cultural-safety.html
	Nursing	practice guideline	Culturally sensitive care	CNO	http://www.cno.org/globalassets/docs/prac/41040_culturallysens.pdf

POTENTIAL RESOURCES					
CSC #	TARGET AUDIENCE	TYPE	TITLE	SOURCE	HYPERLINK
11. Practice in a manner consistent with current developments in the profession					
	Massage Therapy	course	Certificate of Excellence in Assessment	RMTAO	https://www.rmtao.com/education-events/certificate-of-excellence
	Massage Therapy	courses	e-healthcanada.com	portal owned by Massage Therapists Association of Alberta (MTAA)	https://www.e-healthcanada.com/
	Massage Therapy	course	Standardized outcome measures in manual therapy	MTANS	https://mtans.ca/company/roster/companyRosterDetails.html?companyid=29276&companyRosterId=81
	Massage Therapy	research article	Clarifying definitions for the massage therapy profession: The results of the best practices symposium	International Journal of Therapeutic Massage & Bodywork	https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5017817/
	Massage Therapy	webpage	Practice resources: Cannabis	CMTO	https://www.cmto.com/position-statement/practice-resource-cannabis/
	Massage Therapy	webpage	Massage Therapy Research Fund	CMTO	https://www.cmto.com/about-mtrf/current-and-upcoming-mtrf-competitions/
	General	course	Session 6: Using information responsibly and communicating in an online learning environment	OpenEdu	https://www.open.edu/openlearn/ocw/mod/oucontent/view.php?id=64106
12. Use an evidence-informed approach in your work					
	Massage Therapy	research article	Evidence-informed massage therapy - An Australian practitioner perspective	Complementary Therapies in Clinical Practice Journal	https://pubmed.ncbi.nlm.nih.gov/29705477/
	Massage Therapy	course	Research can assist your evolution as a health care professional	MTANS	https://mtans.ca/company/roster/companyRosterDetails.html?companyid=29271&companyRosterId=81
	Massage Therapy	article	This is how massage research contributes to professional and personal growth	Massage Therapy Foundation	https://www.massagemag.com/massage-therapy-research-118922/
	Massage Therapy	article	What is evidence-informed practice in massage therapy	Massage Therapy Foundation	https://massagetherapyfoundation.org/what-is-evidence-informed-practice-in-massage-therapy/
	Massage Therapy	research journal	International Journal of Therapeutic Massage & Bodywork	Massage Therapy Foundation	https://massagetherapyfoundation.org/massage-research/ijtmb/
	Massage Therapy	podcast	Locating research with MTF's teaching research e-book	Massage Therapy Foundation	https://massagetherapyfoundation.org/locating-research-ebook-research-perch/
	Massage Therapy	podcast	Enhancing curriculum with MTF's teaching research e-book	Massage Therapy Foundation	https://massagetherapyfoundation.org/enhancing-curriculum-with-mtfs-teaching-research-ebook-research-perch/
	Massage Therapy	podcast	Intro to the MTRF instructor's guide to teaching research e-book	Massage Therapy Foundation	https://massagetherapyfoundation.org/ebook-intro-research-perch/
	Massage Therapy	webinar	Basics of research literacy	Massage Therapy Foundation	http://massagetherapyfoundation.org/basics-research-literacy/
	Massage Therapy	webinar	Research webinars	Massage Therapy Foundation	http://massagetherapyfoundation.org/2019webinar/
	Massage Therapy	research article	Facilitating case studies in massage therapy clinical education	International Journal of Therapeutic Massage & Bodywork	https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3666597/
	Massage Therapy	webpage	Massage Therapy Research Fund	CMTO	https://www.cmto.com/about-mtrf/current-and-upcoming-mtrf-competitions/
	Massage Therapy	webpage	Massage Therapy Research Fund	CMTO	https://www.cmto.com/about-mtrf/
	Massage Therapy	webpage	Follow the evidence	CMTO	https://www.cmto.com/follow-the-evidence/
	Massage Therapy	webpage	MTRF funded projects	CMTO	https://www.cmto.com/mtrf-funded-projects/
	General	e-course	Understanding evidence based health care: A foundation for action	Cochrane Centre	http://www.inspirenet.ca/category/training-type/evidence-based-practice-online-course
	General	e-course	Evidence-based practice in management	edX	https://www.edx.org/course/evidence-based-practice-in-management-0
	General	course	Introduction to evidence-informed decision making	National Collaborating Centre for Methods and Tools	http://www.inspirenet.ca/category/training-type/evidence-based-practice-online-course
	General	course	Introduction to evidence based medicine tutorial	Duke University	http://www.inspirenet.ca/category/training-type/evidence-based-practice-online-course
	General	webinar	Learning to analyze and critically evaluate ideas, arguments...	IDEA	http://www.ideaedu.org/Resources-Events/Teaching-Learning-Resources/Learning-to-analyze-and-critically-evaluate-ideas-arguments-and-points-of-view
	General	webinar	Evidence informed practice: Applying research in complementary and integrative medicine	University of Minnesota	https://www.csh.umn.edu/research/foundations-evidence-informed-practice-modules
	General	webinar	Critical thinking	OpenEdu	https://www.open.edu/openlearn/ocw/mod/oucontent/view.php?id=64740

POTENTIAL RESOURCES					
CSC #	TARGET AUDIENCE	TYPE	TITLE	SOURCE	HYPERLINK
	General	webinar	Critical thinking I	Study Guides and Strategies	http://www.studygs.net/crthk.htm
	General	webinar	Critical thinking II	Study Guides and Strategies	http://www.studygs.net/crthk2.htm
	General	article	Critical thinking	Massey U (NZ)	http://owl.massey.ac.nz/study-skills/critical-thinking.php
	General	article	Conducting a winning literature search	EBSJ	https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3609008/
	General	article	Organizational context for evidence-based practice: The Alberta Context Tool (ACT)	BMC HSR	https://www.nccmt.ca/knowledge-repositories/search/216
	General	website	Faculty overview of evidence informed practice (EIP): Intro to EIP	Baystr University	http://bastyr.libguides.com/FacEIP
	General	website	Literature review: Conducting and writing	University of Western Florida	https://libguides.uwf.edu/c.php?g=215199&p=1420520
	General	website	How do I conduct a literature search?	OpenU	http://www.open.ac.uk/library/help-and-support/how-do-i-do-a-literature-search
	Nursing	webinar	Critical inquire and evidence-informed practice	CNO	http://www.cno.org/en/learn-about-standards-guidelines/educational-tools/webcasts/critical-inquiry-and-evidence-informed-practice-webcast/
	Nursing	article	What counts as evidence in evidence based practice?	JAN	https://onlinelibrary.wiley.com/doi/abs/10.1111/j.1365-2648.2004.03068.x
13. Interact effectively with other professionals					
	Massage Therapy	article	Co-managing patients: RMTs can be leaders within interprofessional case collaboration	Massage Therapy Canada	https://www.massagetherapycanada.com/co-managing-patients-rmts-can-be-leaders-within-interprofessional-case-collaboration/
	Massage Therapy	article	Integration: Team-based care and collaborative practice are the future of healthcare	Massage Therapy	https://www.massagetoday.com/articles/15140/Integration-Team-Based-Care-and-Collaborative-Practice-are-the-Future-of-Healthcare
	Massage Therapy	research	Professional status and interprofessional collaboration: A view of massage therapy	Journal of Interprofessional Care	https://www.researchgate.net/publication/221736804_Professional_status_and_interprofessional_collaboration_A_view_of_massage_therapy
	Massage Therapy	article	Collaboration vs referral	Massage Magazine	https://www.massagemag.com/collaboration-versus-referral-40163/
	Massage Therapy	research	The professional role of massage therapists in patient care in Canadian urban hospitals	BMC Complementary and Alternative Medicine	https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4355003/
	Massage Therapy	article	Communicating and collaborating with health care professionals	AMTA	https://www.amtamassage.org/publications/massage-therapy-journal/massage-collaboration-healthcare/
	Massage Therapy	position statement	Inter-professional disagreement	CMTO	https://www.cmto.com/position-statement/inter-professional-disagreement/
	General	webinar	Introduction to interprofessional collaboration	UBC Health	https://elearning.health.ubc.ca/
	General	webinar	Interprofessional professionalism	UBC Health	https://elearning.health.ubc.ca/
	General	webinar	Relationship centered care	Health Management	https://www.healthmanagement.com/knowledge-share/webinars/webinar-replay-relationship-centered-care/
	General	webinar	Networking: Building solid career connections	Science Mag	https://www.sciencemag.org/custom-publishing/webinars/networking-building-solid-career-connections
	General	webinar	Successful networking - The ultimate guide - Christopher Barrat	TedTalks	https://www.youtube.com/watch?v=8Zp8alc6PDk
	General	article	Interprofessional collaboration to improve healthcare: An introduction	Medscape Education Clinical Briefs	https://www.medscape.org/viewarticle/857823
	General	article	Establishing roles and responsibilities for interprofessional care team members	Medscape	https://www.medscape.org/viewarticle/857825
	General	article	The role of health professionals	Care Research	https://www.caresearch.com.au/caresearch/ForPatientsandFamilies/AboutPalliativeCare/WhoProvidesPalliativeCare/TheRoleofHealthProfessionals/tabid/954/Default.aspx
	General	guide	Best practices guide - Information sharing in the context of mental health and substance use in BC	Canadian Mental Health Association and Government of BC	https://vancouver-fraser.cmha.bc.ca/wp-content/uploads/2016/08/Information-Sharing-Adult-2016-FINAL.pdf
	Speech-Language Professionals	webinar	The why, what, and how of interprofessional collaboration	ASHA	https://www.asha.org/Practice/The-Why-What-and-How-of-Interprofessional-Collaboration/
	Psychologists	blog	How to critically evaluate internet-based sources?	JEPS	https://blog.efpsa.org/2011/08/20/how-to-critically-evaluate-internet-based-sources/

POTENTIAL RESOURCES					
CSC #	TARGET AUDIENCE	TYPE	TITLE	SOURCE	HYPERLINK
14. Practice in a self-reflective manner					
	Massage Therapy	article	Hard-headed: Mental toughness and how it can help RMTs in practice	Massage Therapy Canada	https://www.massagetherapycanada.com/hard-headed-mental-toughness-and-how-it-can-help-rmts-in-practice/
	Massage Therapy	research article	Facilitating case studies in massage therapy clinical education	International Journal of Therapeutic Massage & Bodywork	https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3666597/
	General	article	Reflective practice in health care and how to reflect effectively	International Journal of Surgical Oncology	https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5673148/
	General	article	Reflection as part of continuous professional development...	Journal of Public Health	https://academic.oup.com/jpubhealth/article/35/2/308/1543818
	General	article	Reflective practice as a tool for growth	AusMed	https://www.ausmed.com/articles/reflective-practice/
	General	module	Reflective Practice	Algonquin College	https://www.algonquincollege.com/healthandcommunity/preceptorship/module-four/module-four-reflective-practice-2/
	General	article	Models of reflective practice	La Trobe University	https://latrobe.libguides.com/reflectivepractice/models
	General	video	12 reflective practice prompts for health professionals	HCP	https://healthcommunicationpartners.com/podcast/ten-minutes-patient-communication/12-reflective-practice-prompts-health-professionals/
	General	lecture (online)	Lecture 1: Intro to Reflective Practice	MIT Open Courseware	https://ocw.mit.edu/courses/urban-studies-and-planning/11-965-reflective-practice-an-approach-for-expanding-your-learning-frontiers-january-iap-2007/lecture-videos-notes/lecture-1/
	General	course (online)	Learning through reflective practice	OpenLearn	http://www.open.edu/openlearncreate/course/view.php?id=2159
	General	webinar	Session 7: Reflective writing, reflective practice and discipline perspectives	OpenEdu	https://www.open.edu/openlearn/ocw/mod/oucontent/view.php?id=64108
	General	webinar	Session 2: Reflective thinking, reflective learning and academic writing	OpenEdu	https://www.open.edu/openlearn/ocw/mod/oucontent/view.php?id=51386
	Paramedics	article	Gibbs reflective practice cycle	Canadian Paramedic	https://canadianparamedicine.ca/an-introduction-to-reflective-practice-for-paramedics-and-student-paramedics/
	Nursing	article	How to build a learning plan	CRNNS	https://crnns.ca/supporting-your-practice/learning/self-directed-learning/how-to-build-a-learning-plan/
	Nursing	webcast	Introduction	CNO	http://www.cno.org/en/learn-about-standards-guidelines/educational-tools/webcasts/practice-reflection-videos/
	Nursing	webcast	The value of practice reflection	CNO	http://www.cno.org/en/learn-about-standards-guidelines/educational-tools/webcasts/practice-reflection-videos/
	Nursing	webcast	Guided reflection	CNO	http://www.cno.org/en/learn-about-standards-guidelines/educational-tools/webcasts/practice-reflection-videos/
	Nursing	webcast	Practice reflection - Intro, the value of practice reflection and guided reflection...	CNO	http://www.cno.org/en/learn-about-standards-guidelines/educational-tools/webcasts/practice-reflection-videos/
	Nursing	website and webcast	Donnerwheeler career planning and development model	CLPNA	https://www.clpna.com/education/career-professional-development-strategy/
	Nursing	article	Reflective practice for personal and professional transformation	Journal of Christian Nursing	https://www.nursingcenter.com/cearticle?an=00005217-201109000-00010
	Nursing	ppt	Practice reflection - learning from practice	CNO	http://www.cno.org/globalassets/4-learnaboutstandardsandguidelines/prac/learn/teleconferences/practice-reflection-learning-from-practice.pdf

ACRONYM	FULL TITLE
AHIP	America's Health Insurance Plans
ASHA	American Speech-Language Hearing Association
BC	British Columbia
BCCNP	British Columbia College of Nursing Professionals (in late 2020 BCCNP will be renamed as the BC College of Nurses and Midwives, BCCNM)
BMC HSR	BMC Health Services Research
CARNA	College and Association of Registered Nurses of Alberta
CCDI	Canadian Centre for Diversity and Inclusion
CCOHS	Canadian Centre for Occupational Health and Safety
CLPNA	College of Licensed Practical Nurses of Alberta
CMAAC	Chinese Medicine and Acupuncture Association of Canada
CNO	College of Nurses of Ontario
CRNNS	College of Registered Nurses of Nova Scotia
CTCMA	College of Traditional Chinese Medicine Practitioners and Acupuncturists of British Columbia
CTCMPAO	College of Traditional Chinese Medicine Practitioners and Acupuncturists of Ontario
EBSJ	Evidence-Based Spine-Care Journal
JEPS	Journal of the European Psychology Students
HCP	Health Communications Partners
IJQHC	International Journal for Quality in Health Care
ILSC	International Language Schools of Canada
JAN	Journal of Applied Nursing
MIT	Massachusetts Institute of Technology
NHPC	Natural Health Practitioners of Canada
ON	Ontario
PEI	Prince Edward Island
PHSA	Provincial Health Services Authority
PPAI	Professional Patient Advocate Institute
PT	Physiotherapy
RNAO	Registered Nurses Association of Ontario
SAMHSA	Substance Abuse and Mental Health Services Administration
TCM/Ac	The profession of <i>Traditional Chinese Medicine and Acupuncture</i>
UBC	University of British Columbia