



College of
**COMPLEMENTARY HEALTH
PROFESSIONALS OF BC**

Practice Standard: Injection Techniques

Applies to Naturopathic Physicians

The College of Complementary Health Professionals of BC was created on June 28, 2024 through the amalgamation of four health regulatory colleges:

- College of Chiropractors of BC
- College of Massage Therapists of BC
- College of Naturopathic Physicians of BC
- College of Traditional Chinese Medicine Practitioners and Acupuncturists of BC

All current requirements for standards of clinical and ethical practice issued by the four colleges remain in place upon amalgamation.

This document was created by the College of Naturopathic Physicians of BC and will be updated to reflect the amalgamation.

Practice Standard

Injection Techniques

Practice Standards set out requirements for specific aspects of a naturopathic doctors' practice. They link with other standards, policies, and bylaws of the College of Naturopathic Physicians of BC, and all legislation relevant to the practice of naturopathic medicine.

Advanced injection techniques include injections using the following: prolotherapy, Platelet Rich Plasma (PRP) solutions, viscosupplement solutions (hyaluronic acid, Synvisc, Hylgan, etc.), corticosteroids, or any other solutions or therapies approved by the College ([Standards, Limits and Conditions for Prescribing, Dispensing and Compounding Drugs](#)).

- **Axial injections** are injections to parts of the axial skeleton, such as the cervical, thoracic, lumbar, and lumbar-sacral spine, and the sacro-iliac, intercostal, and rib joints. Axial injections may only be performed by registrants certified in [Advanced Injection Techniques – Part B](#); however, stellate ganglion blocks may not be performed by any registrants after October 26, 2018.
- **Peripheral injections** are injections to peripheral parts of the skeleton, such as the toes, ankles, knees, hips, fingers, wrists, elbows, and shoulders. Peripheral injections may only be performed by registrants certified in [Advanced Injection Techniques – Part A or Part B](#).

Neural injections are injections below the dermis. They may be performed by all registrants and are not considered an advanced technique.

Note: Other procedures that involve injections, including Medical Botox and Aesthetic Procedures (Cosmetic Botulinum Toxin, Injectable Fillers, and PRP injections to the face and other skin areas for aesthetic purposes), require certification in those specified aspects of practice. For more information, review the College's [Certification Requirements](#).

IMPORTANT: Injections to the genitals
Registrants must not perform intra-vaginal injections and intra-cavernous injections.

Disclaimer

In the event of any inconsistency between this standard and any legislation that governs the practice of naturopathic doctors, the legislation shall govern.