Enlighten

News from the CNPBC



December 2023

Restricted Activities Document - Updates

The College has made the following updates to the Restricted Activities Document:

- October 3rd revisions on Laser were extended until March 15th, 2024
- 5 (1) (b) Updated the limit on phlebotomy.
- 5 (1) (d) Updated limits and conditions regarding Microdermabrasion and Chemical Peels (*Revisions effective January 2nd, 2024*).
- 5 (1) (g) Updated limits and conditions regarding Photorejuvenation and High Frequency Electromagnetic Treatments (*Revisions effective January 2nd, 2024*).
- 5 (1) (d) (v) Updated limit and conditions to remove the Hyperbaric Oxygen Therapy (HBOT) Certification and to add restriction on the use of HBOT.
- 5 (1) (e) IUD Insertion certification name updated to IUD Insertion and Removal.
- 5 (1) (i) (i) New limits and conditions on the prescribing of cancer drug treatment or STI treatments.

Laser Limits and Conditions – Extension

As a result of feedback on the Laser limits and conditions, the College has extended the effective date to March 15th, 2023. This will allow CNPBC to review limits and conditions related to Photodynamic Therapy. It will also provide registrants with increased time to align their practices with the established limits and conditions.

Phlebotomy

In June 2023, LifeLabs updated their accreditation. Their new regulations had a direct impact on blood collection by NDs. As a result, LifeLabs requested more documentation from CNPBC regarding NDs' scope of practice as it relates to phlebotomy. At that time, the

following addition was made to the restricted activity 5 (1) (b) in the Restricted Activities

Document:

Registrants perform phlebotomy

- 1. To collect blood samples for testing
- 2. As required for purposes of CNPBC Certification

As this decision was required to be made quickly, it was not initially noted that these limits and conditions would restrict the profession from providing phlebotomy for therapeutic purposes such as the treatment of hemochromatosis. As such, the College is updating the Restricted Activities Document language to replace "as required for purposes of CNPBC Certification" with "for therapeutic purposes" to be inclusive of the use of phlebotomy in the treatment of hemochromatosis and other therapeutic uses.

IUD Insertion and Removal Certification

It has come to the College's attention that the current name and description of the IUD Insertion Certification do not clearly indicate that registrants holding this certification may also remove previously inserted IUDs. As removal of IUDs is an integral part of this therapy, CNPBC has updated the name to "IUD Insertion and Removal Certification". Additionally, the IUD Competency form has been updated to include at least 1 IUD removal. Registrants must sign and submit this form as part of their certification application.

Hyperbaric Oxygen Therapy (HBOT)

After significant review of Health Canada regulations and the current certification requirements, the College has determined that the Hyperbaric Oxygen Therapy Certification will be discontinued as of January 2nd, 2024. In addition, the Restricted Activities Document has been updated to include the limit "Registrants do not administer any substance via hyperbaric oxygen chamber." Therefore, NDs are no longer permitted to utilize hyperbaric oxygen chambers.

At this time, there are no "soft-shell" hyperbaric oxygen chambers approved by Health Canada. Hard-shell chambers pose a high risk to the public and the College does not have

the ability to safely regulate this modality.

Update on Aesthetic Procedures Certifications

Effective January 2nd, 2024, the CNPBC will discontinue the following certifications:

- Facial mesotherapy, fat reduction and body contouring using injection or other devices
- Photorejuvenation and high frequency electromagnetic treatments
- Microdermabrasion and chemical peels

Registrants will be required to have additional education in these activities prior to engaging in them. "Additional education" is defined in the Restricted Activities Document.

Registrants are reminded that when utilizing this and any other modality, they will continue to be required to meet the Professional Standards and Scope of Practice Standards.

New Limits and Conditions on the Prescribing of Cancer Drug Treatment or STI Treatments

Naturopathic medicine has evolved to include the addition of prescriptive authority. This increase in scope has provided an opportunity for NDs to grow as practitioners and to support their patients comprehensively. However, in offering these modalities, NDs should acknowledge and review the guidelines that were created to support the administration of the drugs they prescribe. Although NDs are not required to follow the guidelines, they are required to clearly document and acknowledge when and why their treatment has diverged from the following relevant provincial guidelines:

- BC Cancer Guidelines when administering oncologic drugs.
- <u>CDC Sexually Transmitted Infections</u> when administering treatment for sexually transmitted infections.



Amalgamation News - Name Proposed For New Multi-Profession College

On December 1, 2023, the Ministry of Health posted <u>proposed amendments to the regulations of four colleges</u> to reflect the proposed name for the new multi-profession regulatory college that will be the result of amalgamating the College of Naturopathic Physicians of BC, College of Chiropractors of BC, College of Massage Therapists of BC, and College of Traditional Chinese Medicine Practitioners and Acupuncturists of BC effective June 28, 2024.

The name for the new college being proposed by the Ministry of Health is: **The College of Complementary Health Professionals of BC**.

If you choose to, you can submit feedback on the proposed name directly to the Ministry of Health until January 12, 2024, by emailing: PROREGADMIN@gov.bc.ca

The Ministry of Health is responsible for the decision on the college's name.

As a reminder, the College of Naturopathic Physicians of BC is being directed by the Ministry of Health to amalgamate with the three other colleges. This amalgamation is part of the Ministry of Health's multi-year initiative to modernize BC's health profession regulatory framework. This initiative is informed by the <u>Cayton Report</u> and the 2020 recommendations of the Steering Committee on Modernization of Health Professional Regulation. More information about the government's initiative to modernize the provincial health profession regulatory framework is available on the Ministry of Health's <u>Professional Regulation webpage</u>. Updates about the college amalgamation project are posted on <u>our website</u>.



We Are Hiring - Regulatory Practice Consultant Position

We are currently looking for a Regulatory Practice Consultant to become a valued member of our team on a part-time, permanent basis. This role develops regulatory practice standards and policies and promotes these standards as they work with registrants on a wide range of professional issues.

This is an exciting and rewarding opportunity for naturopathic doctors who are interested in regulation and public protection. The role involves collaborating with internal and external stakeholders on a variety of interesting and challenging projects.

CNPBC offers an open, welcoming, and inclusive workplace. You can expect to work in a respectful and professional team-based environment.

For a complete description of the position and information on how to apply, please click <u>here</u>.



2024 Registration Renewal – December Updates

Professional Liability Insurance

As part of CNPBC Bylaw amendments that came into effect on Oct 17, 2023, registrants are required to increase their liability insurance to a minimum of \$3,000,000 per occurrence for registrants and Health Professions Corporations (HPCs). This increase was communicated in the October 17 and October 24 newsletters.

Registrants must meet this requirement by the registration renewal deadline on Dec 31, 2023 at 4:30 PM PST in order to comply with CNPBC Bylaw section 99 (and section 92 for those with a registered HPC).

Registrants who are unable to provide a copy of their insurance policy, in accordance with section 99 and section 92 (if applicable) of the <u>CNPBC Bylaws</u>, will be granted registration on the condition that they notify patients of their non-compliance with the CNPBC Bylaws relating to insurance minimums.

Registration Condition

This condition will appear on the public register as required by section 21(2)(c) of the *Health Professions Act*, and will remain on the register until the registrant has obtained a professional liability insurance policy that complies with the CNPBC Bylaws, and provided a copy of their policy to the College.

As part of this condition, registrants will be expected to take reasonable steps to ensure their patients know, at or before the time of booking an appointment, that they do not have the minimum amount of professional liability insurance required by the CNPBC Bylaws.

This course of action allows registrants to continue practicing as they update their insurance policies, while fulfilling the College's duty to regulate the profession in the best interests of the public by providing patients with the information they need to make an informed choice about their care provider.

Next Steps

If you are providing a copy of your complete professional liability insurance policy after submitting your registration renewal application, please upload it on ROSS under "Professional Liability Insurance". An email must also be sent to Registration@cnpbc.bc.ca to notify the College that you have uploaded your policy.

If your registration is renewed with the condition described above, you will be permitted to practice under this condition until April 1, 2024. If you have not provided the College with proof of a compliant insurance policy by April 1, 2024, you will be referred to the Inquiry Committee for investigation.

Continuing Education (CE)

Registrants are reminded that the current CE period ends on December 31, 2023. Completed CE must be entered on ROSS and submitted by 4:30 PM PST on December 31, 2023. CE entries are submitted separately from the registration renewal application by clicking on "Continuing Education"> "Submit to College" on ROSS.

CNPBC Dedicated Registration Renewal page

Registrants are encouraged to review our dedicated <u>2024 registration renewal page</u> for renewal-related information and updates. It includes important information on:

- PharmaNet access
- Life support requirements (BLS (HCP)/CPR-HCP with AED and NALS)

- Certification renewal
- Non-practicing registration & fee exemption
- CNPBC holiday office hours



Holiday Greetings

CNPBC staff wishes you a joyous holiday season with peace & prosperity in the New Year!



We acknowledge with respect that the land on which we gather is the unceded and traditional territories of the Coast Salish peoples -

skwxwú7mesh (Squamish), selílwitulh (Tsleil-Waututh), and xwməθkwəyəm (Musqueam) nations whose historical relationships with the land continue to this day.