# Enlighten

News from the CNPBC



#### August 2022

### **Cultural Safety and Humility Practice Standard Coming Soon**

The College is currently working to implement an Indigenous Cultural Safety, Humility, and Anti-racism Practice Standard in order to set clear expectations for registrants on the provision of culturally safe and anti-racist care for Indigenous patients and clients. The Board will be reviewing the new practice standard at its September Board meeting and, if approved, it is expected to come into effect in September 2022.

Practice Standards set out requirements for specific aspects of a naturopathic doctor's practice. They link with other standards and bylaws of the College of Naturopathic Physicians of BC (CNPBC) and all legislation relevant to the practice of naturopathic medicine.

The new standard will be adapted with permission from the Indigenous Cultural Safety, Cultural Humility and Anti-racism Practice Standard, developed collaboratively by the <u>BC College of Nurses and Midwives</u> and the <u>College of Physicians</u> and Surgeons of BC.

The development of this standard comes in response to Dr. Mary Ellen Turpel-Lafond's December 2020 report: In Plain Sight: Addressing Indigenous-specific Racism and Discrimination in B.C. Health Care.

The report found that <u>"requirements for cultural safety and humility and addressing Indigenous-specific racism are not adequately embedded throughout policy and standards,"</u> and goes on to recommend the implementation of standards, definitions, and

expectations requiring health services to be free from all forms of racism and discrimination against Indigenous peoples.

As such, the College is working in tandem with BC's remaining health regulators to implement this new standard by September 2022 to ensure that all regulated health professionals in BC are subject to the same requirements and expectations for providing culturally safe and anti-racist care for Indigenous patients and clients.

The College acknowledges that we are still very much at the beginning of our journey toward dismantling Indigenous-specific racism within our healthcare system. The implementation of this practice standard is by no means a conclusion. Moving forward, the College will continue to engage with Indigenous peoples to ensure that this standard is adequately and effectively addressing the challenges they face when accessing naturopathic medicine and other health services.

#### Your Learning Journey

The College encourages registrants to begin or continue your learning journey with this list of helpful resources on Indigenous cultural safety, cultural humility and anti-racism compiled by the BC College of Nurses and Midwives and the College of Physicians and Surgeons of BC:

BCCNM Learning Resources – Cultural Safety and Humility

These resources have been shared with permission from the BC College of Nurses and Midwives and the College of Physicians and Surgeons of BC.

## The College's Cultural Safety and Humility Journey

The implementation of an Indigenous Cultural Safety, Humility, and Anti-Racism Practice Standard is a significant milestone in the College's continued journey toward Cultural Safety and Humility and the dismantling of Indigenous-specific racism within BC's health care system.

This journey started on March 1, 2017, when the College pledged its commitment to

improving BC naturopathic doctors' work with Indigenous Peoples by signing the "Declaration of Cultural Safety and Humility in Health Services Delivery for First Nations and Aboriginal Peoples in BC."

In December 2020, Dr. Mary Ellen Turpel-Lafond released In Plain Sight: Addressing Indigenous-specific Racism and Discrimination in B.C Health Care. The report presents overwhelming evidence of Indigenous-specific racism in BC's health-care system.

Systemic racism and intolerance toward Indigenous worldviews and traditional approaches to health, as well as the enduring legacy of colonialism all present as persistent barriers and poorer health outcomes for Indigenous people when accessing health care services.

In response to the report, on July 27, 2021, the registrars from 11 health regulatory colleges in BC, including the CNPBC, gathered with a First Nations consultant, a First Nations Knowledge Carrier and witnesses for an intimate ceremony to sign a Joint Statement of Apology and Commitments to Action at Spanish Banks in Vancouver on the unceded, ancestral, traditional territories of the Musqueam, Squamish, and Tsleil-Waututh peoples.

As part of this apology, the colleges pledged to take specific actions both within our organizations, and as partners in the broader health landscape, to address and dismantle the Indigenous-specific racism that exists within our health care system.

In order to operationalize our pledge, the College worked with Joe Gallagher (k'wunəmɛn), Tla'amin Nation, principal at Qoqoq Consulting Ltd., former CEO of the First Nations Health Authority, and current VP Indigenous Health & Cultural Safety at the Provincial Health Services Authority; and with Knowledge Keeper and Elder, Sulksun (Shane Pointe) to establish specific strategies and actions that the College can implement to address the recommendations outlined in the In Plain Sight Report.

The implementation of this Indigenous Cultural Safety, Humility, and Anti-Racism Practice Standard is a vital and overarching first-step for us to build upon and further develop, as we work to address the challenges faced by Indigenous communities when accessing naturopathic and other health services in BC.



#### **Injectable Filler Certification**

On July 28, 2022, registrants were notified of the changes to the Aesthetics Injectable Filler Certification. Registrants will find the update to the <u>certification requirements for Injectable Fillers</u> on the website. Registrants who have current certification in fillers can apply to be grandfathered into the new certification format through assessment and be placed in the appropriate certification level based on their assessment results. The assessment process will consist of:

- submission of <u>patient records form</u> over a 12-month period, thereby demonstrating in what treatments they have experience. (Patient records must be redacted to remove all patient information such as name, phone number, address etc.)
- proof of education equivalent to the level to which they are applying. Note: for those applying for Level 2, as there are no pre-approved courses, education will be

reviewed on an individual basis. Please submit evidence that you have additional training in the Level 2 areas.

To manage the volume of applications, the College is requesting that ONLY those with **greater than 2 years'** experience in Injectable Fillers apply at this time.

Once these applications are processed, the College will request applications from those with less than 2 years' experience.

All those registrants practising Injectable Fillers are required to complete the grandfathering process prior to the license renewal deadline, December 31, 2022.

Please note, these applications take time to process and it is highly recommended that you submit your application by October 31, 2022.

Applications will be processed in the order they are received.

Application forms for grandfathering can be found <u>here</u>.



#### **Criminal Record Checks**

Registrants are reminded that they are required to submit verification of a new criminal record check to the College every five years. This requirement applies to all classes of registrant, including non-practicing registrants, per Section 15 of the *Criminal Records Review Act*. Registrants who do not meet this requirement will not be able to renew their registration and will be referred to the College's Inquiry Committee for investigation.

The expiry date of your current criminal record check can be viewed at any time on your registrant online self-service account (ROSS). Information on how to complete a criminal record check can be found on the College's website here: <a href="https://cnpbc.bc.ca/become-an-nd/common-questions/">https://cnpbc.bc.ca/become-an-nd/common-questions/</a>.



## A Note From the Registrar

With the warm summer weather, it's hard to believe that we are two-thirds of the way through 2022. People are preparing for back to school and all the activities that herald fall.

For many of us, fall is the busiest time of the year.

The College has been busy during the summer with ongoing work on multiple fronts, preparing for various Committee meetings and the September Board meeting.

We continue to work on the Standards of Practice, and I would like to thank those who have volunteered to review them. Your feedback is greatly appreciated.

Labour Day weekend is around the corner. Please enjoy the long weekend and the remaining summer days.

Stay well.

Carina Herman

We acknowledge with respect that the land on which we gather is the unceded and traditional territories of the Coast Salish peoples - skwxwú7mesh (Squamish), selílwitulh (Tsleil-Waututh), and xwməθkwəyəm (Musqueam) nations whose historical relationships with the land continue to this day.







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