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Enlighten

News from the CNPBC



April 2023

Restricted Activities Document - Updates

The CNPBC [Restricted Activities](#) document has been updated to include the following revisions:

- 5 (1)(d) – New limits and conditions on the use of “threads”
- 5 (1) (h) – Removed limits and conditions on writing orders
- 6 (1) – New limits and conditions for the prescription, insertion and removal of *Etonogestrel Extended Release Sub-dermal Implant*

New limits and conditions on the use of “threads”

At the April 5th, 2023 Board meeting the CNPBC Board included an additional educational requirement for the use of Threads in Aesthetic Medicine. Where previously the use of Threads was included in the certification Injectable Filler Provisional Level 2 and Level 2, CNPBC now requires registrants to hold certification in Injectable Filler Provisional Level 2 or Level 2 AND seek “additional education,” defined in the Restricted Activities Document as follows:

“Additional education” is structured education, e.g., workshop, course, program of study, designed so that registrants can attain the competencies required to carry out a specific activity as part of naturopathic practice. Additional education builds on the entry-level competencies of naturopathic doctors; identifies the competencies expected of learners on completion of the education; includes both theory and application to practice, and includes

an objective, external evaluation of learners' competencies on completion of the education. The term does not refer to a course or program approved for a CNPBC certification.

Removed limits and conditions on writing orders

On April 5th, 2023 the CNPBC Board approved the Practice Standard: Orders, Delegation and Assignment. It was subsequently published on April 15, 2023. This revision was to align the Restricted Activities Document with the new Practice Standard which clarifies that a registrant may write patient-specific orders for regulated health professionals, following the requirements in the Practice Standard.

New limits and conditions for the prescription, insertion and removal of *Etonogestrel Extended Release Sub-dermal Implants*

On April 5th, 2023 the CNPBC Board, with input from the PDR and the QAC Committees, reviewed the use of *Etonogestrel Extended Release Sub-dermal Implants* by naturopathic doctors (NDs) in BC. It was determined that the prescription, insertion, and removal of *Etonogestrel Extended Release Sub-dermal Implants* by NDs be permitted, with the following limits and conditions:

- NDs must hold certification in Prescriptive Authority
- NDs must hold valid Basic Life Support and Naturopathic Advanced Life Support (NALS)
- NDs must have successfully completed the [*Etonogestrel Extended Release Subdermal Implant Clinical Training Program*](#), prior to prescribing, inserting and/or removing the etonogestrel extended release subdermal implant.
- NDs prescribing *Etonogestrel Extended Release Subdermal Implants* must be available to insert them.

The [*Scope of Practice for Naturopathic Physicians – Standards, Limits and Conditions for Prescribing Dispensing and Compounding Drugs*](#) was subsequently updated for consistency.

The College wishes to remind registrants that, as with all treatments, you are required to meet all your professional obligations under the Bylaws, Codes of Conduct and Ethics, and

various practice standards while providing this treatment, including but not limited to managing all the intended and unintended consequences of the treatment. The College recommends that registrants thoroughly review the complete [Restricted Activities Document](#) regularly.

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New Practice Standards

Practice Standards are legally enforceable standards which set out requirements related to specific aspects of naturopathic doctors' practices. Practice standards are provided for under s.19 of the [Health Professions Act](#). They link with other standards, policies, and bylaws of the College of Naturopathic Physicians of BC, and all legislation relevant to the practice of naturopathic medicine. The College has published three new practice standards that will come into effect **May 1, 2023**. The standards are linked here:

[Practice Standard: Advertising and Communication with Public](#)

This standard sets out the CNPBC requirements and limits for registrant advertising. This practice standard, which will replace the existing Advertising Policy and Guideline - Advertising and Improper Inducements to Treatment, aims to employ a clearer language while also incorporating some of the requirements from the previously published documents.

[Practice Standard: Use of Title](#)

This standard sets out the requirements and restrictions that apply to use of titles by registrants.

Practice Standard: Orders, Delegation and Assignment

This standard clarifies that registrants:

- may write patient-specific orders for regulated health professionals, following the requirements in this Practice Standard,
- may assign tasks to unregulated professionals, following the requirements in this Practice Standard,
- cannot delegate restricted activities,
- cannot accept orders or delegation from other health professionals.

This standard also strives to clarify the difference between written orders, delegation, and assignment. This is an important distinction; it is recommended that you take the time to review the graphic located on page 4 of the standard.

Please take the time to familiarize yourself with each Practice Standard. Following the AGM on May 3rd, 2023, Dr. Michelle Payne, ND, will be leading an education session from 10:15 am to 12:00 pm introducing new standards of practice and discussing scope of practice.



Call for CNPBC Examiners

The College of Naturopathic Physicians of British Columbia (CNPBC) is accepting applications from NDs for the role of examiner.

If you would like to be involved in ensuring excellence in the assessment of future naturopathic physicians, we would like to invite you to become a Naturopathic Physician Examiner.

CNPBC administers an Oral & Practical Examination twice per year, in February and August. Each sitting is scheduled in-person for one (1) to two (2) days on Saturday and/or Sunday.

Reimbursement of expenses is provided for travel, meals, accommodations, and time examining candidates.

As an Examiner, you will observe exam candidates interacting with mock patients in a clinical practice scenario and record observations on a standardized test sheet.

Examiner training and orientation sessions will be obligatory before assuming your role.

Examiner Qualifications and Skills

Applicants for Examiner positions:

- Hold a current full (practising) registration in good standing as an ND with CNPBC
- Have practised in the profession for at least five (5) years
- Must be current and fluent in the subject they are examining
- Demonstrate proficient communication and language skills
- Assist in the development of exam content
- Must not be currently teaching full or part-time in a naturopathic physician program
- Demonstrate diversity, equity, and inclusion awareness
- Demonstrate an understanding of the principles of fairness, impartiality, objectivity, and transparency
- Demonstrate critical thinking skills and attention to detail
- Have a supporting technical environment (i.e. regular access to the internet and email, and videoconferencing ability)
- Demonstrate proficiency in the use of technology and videoconferencing platforms

- Have the ability to maintain security, confidentiality, and integrity of the examination.

Preference is given to applicants who have prior experience acting as an examiner or invigilator.

To Apply

Please complete and submit the [Examiner Application form](#), your curriculum vitae, and a professional reference to examinations@cnpbc.bc.ca.

Only those selected for an interview will be contacted. The selection process will include a 15-minute interview via videoconference and a reference check.

For questions or more information, please contact examinations@cnpbc.bc.ca.

Health Professions and Occupations Act

Registrants have expressed concerns about the new Health Professions and Occupations Act. The Ministry of Health provides information about the Act and provides a Q&A on their [Professional Regulation](#) home page, excerpted below:

Health Professions and Occupations Act

The Health Professions and Occupations Act passed Royal Assent in the BC Legislative Assembly on November 24, 2022. While the legislation has passed, the Act is not in force. The Health Professions and Occupations Act will come into force at a future date through regulation of the Lieutenant Governor in Council. At this time, the [Health Professions Act](#) continues to be the legislation which governs health professionals and regulatory colleges.

For further information on the *Health Professions and Occupations Act* please refer to the [Health Professions and Occupations Act Q&A](#) document.



A Note From the Registrar

Happy spring, everyone. I know we all find the sun and warmer weather, along with the colourful gardens, rejuvenating.

Our AGM is almost upon us, and I hope you can join this virtual event on May 3. The [2022 Annual Report](#) is now available on the website. In it you'll find reports from each Board Committee outlining activities over the past year, information you should find both interesting and informative.

In this month's issue of *Enlighten* you'll find links to three new Practice Standards which come into effect on May 1, 2023. It's important to become familiar with each one. Note that, following the May 3rd AGM, Dr. Michelle Payne, ND, will be leading an education session from 10:15 am to 12:00 pm, introducing new standards of practice and discussing scope of practice.

You are likely aware that the College administers an Oral & Practical Examination twice per year, in February and August. In this issue we also invite registrants to become a Naturopathic Physician Examiner and get involved in the assessment of future naturopathic physicians.

Let's get outside and enjoy these longer days! See you at the AGM.

Stay well.

Carina Herman

We acknowledge with respect that the land on which we gather is the unceded and traditional territories of the Coast Salish peoples - sk̓wx̓wú7mesh (Squamish), sel̓íl̓witulh (Tseil-Waututh), and xʷməθkʷəýəm (Musqueam) nations whose historical relationships with the land continue to this day.



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