

Disclaimer: The following sample form is provided for illustrative and educational purposes only. It is created to show how PSP templates can be used to complete each step in the Practice Support Program.



College of  
TRADITIONAL  
CHINESE MEDICINE  
PRACTITIONERS +  
ACUPUNCTURISTS  
of British Columbia

900-200 Granville Street  
Vancouver, BC, V6C 1S4  
ctcma.bc.ca


T (604) 742-6563  
Toll Free 1-855-742-6563  
F (604) 357-1963  
E info@ctcma.bc.ca

## PRACTICE SUPPORT PROGRAM

### Step 3: PROFESSIONAL DEVELOPMENT PLAN – Plan & Complete Activities (SAMPLE)


Name:

My Quality Assurance (QA) Cycle is from  , 20  to March 31, 20


Identify and plan the details of your Development Plan by setting up the specific learning activities well in advance. For example, register for specific courses/workshops early; organize and set up meetings / peer discussion group schedules; identify the self-reading materials and when to complete the reading. It can take some time to identify the most appropriate learning activities but with the right learning you are more likely to reach your learning outcomes. 

I plan to meet my learning objectives through the following activities:

#### Learning Activity 1:

Information about the activity: 

Timeframe of the activity:

Learning objective(s) that this activity achieves: 

*(Note: Make multiple copies of this page to fill in for your learning activities. While it might be difficult to fit many multiple-day workshops into your practice's schedule, take advantage of many short recurring learning activities to be completed within a QA cycle e.g., 1-hour weekly or monthly peer discussion sessions.)*

## Learning Activity 2 :

I plan to schedule three 1-hour monthly TCM/A peer-group discussions on "Acupuncture and Auto Injury Rehabilitation."

### Information about the activity:


The TCM/A monthly peer-group discussion will be held in person in May, June, and July 2023. The theme will be "Acupuncture and Auto Injury Rehabilitation." Each session will be held the first Sunday morning from 10-11 am.

The current confirmed group participants will be Joe Doe (R.AC), Erica Li (R.TCM.P), and Taylor Roe (Dr.TCM). Joe Doe will be the facilitator for the discussion, and Taylor Roe will be the mentor. Other interested TCM/A registrants are also welcome to join the peer-group sessions.

May Session: Acupuncture techniques for neck and shoulder injuries

June Session: Acupuncture techniques for lower back and hip injuries

July Session: Acupuncture techniques for headache relief

Timeframe of the activity: 

May – July 2023

Learning objective(s) that this activity achieves:

Objective 2:  
My goal is to learn three new acupuncture protocols by the end of 2023 from practitioners with experience treating car accident injuries, in order to gain knowledge about current treatment information and resources.