



Balance

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College of Traditional Chinese Medicine Practitioners and Acupuncturists of British Columbia

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Balance and other publications circulated by CTCMA are the primary sources of information for our registrants in British Columbia. Registrants are responsible for reading these publications to ensure they are aware of latest information, current standards, policies and guidelines.

季刊“Balance”及管理局發行的其他出版物為卑詩省註冊成員的重要信息來源。註冊成員有責任閱讀這些出版物以保證了解最新的信息，標準，規定與指引。如您有困難理解相關信息，請務必找人為您翻譯。

BOARD OF DIRECTORS UPDATE

On February 2, 2013 the Board appointed John Blažević as Chair and Bar-Chya Lee as Vice-Chair.

The Board is pleased to welcome the three new elected Board members - Ben Bao Qi Cao, Paul Chang-Jen Chen and Paul Sit Cheong Ho.

The Board is pleased to announce the appointment of Weijia Tan to the Board for 2013.

BOARD MEMBERS

John Blažević – Chair

Bar-Chya (BC) Lee – Vice-Chair

Ben Bao Qi Cao

Paul Chang-Jen Chen

Paul Sit Cheong Ho

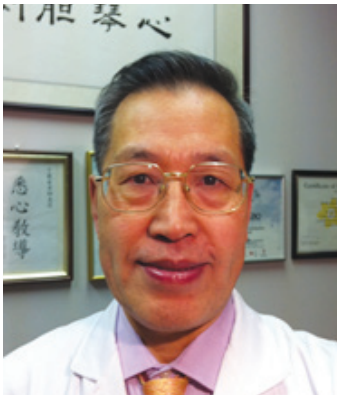
Todd Howard

William Macleod

Vivienne Stewart

Weijia Tan

BOARD OF DIRECTORS - ELECTION 2013 - 2016



CAO, Ben Bao Qi

Dr. Ben Bao Qi Cao is a Registered Doctor of TCM. Dr. Cao obtained his Medical Doctor degree from the Medical School of Beijing University in China. Since then, Dr. Cao has been a practicing physician and medical researcher for more than 40 years. Dr. Cao was one of the first practitioners to integrate TCM with western medicine, particularly in the area of acupuncture anesthesia. Dr. Cao was an attending physician at the Department of Cardiology in China-Japan Friendship Hospital in Beijing, China. He was a research scholar (Cardiologist) in Japan and the United States. Since coming to Canada in 1993, Dr. Cao has dedicated vast amount of his time to the practice and promotion of TCM in British Columbia. His past experiences include: instructor for Western Canadian Institute of TCM Practitioners; member of education and academy committee of Canadian Chinese Society of BC; supervisor of TCM Practitioner and Acupuncturist Society; bylaws advisory committee member of the College of Acupuncturists of BC (1997); keynote speaker at Hearing with Respect to the Designation of Traditional Chinese Medicine pursuant to the Health Professional Act in 1997; frequent speaker at Heart Health Talks of Heart and Stroke Foundation of B.C. & Yukon and Health Fair of S.U.C.C.E.S.S and Canadian Cancer Society, BC & Yukon; one of the organizers of the First Traditional Chinese Medicine on Cancer Symposium sponsored by Canadian Cancer Society, BC & Yukon and CTCMA and a keynote speaker in 2003; keynote speaker at the First Traditional Chinese Medicine on Cancer Symposium, sponsored by Canadian Cancer Society, BC, Yukon and CTCMA; adviser and lecturer in the development of safety course for Registered Dr.TCM in British Columbia in 2003; an appointed Board Member and Chairman of Examination Committee in 2012.



CHEN, Chang-Jen Paul

Cheng-Jen Chen is a Registered TCM Practitioner. Mr. Chen has practised TCM at his clinic in Vancouver for the past six years. He began studying TCM and holistic medicine in 1995 and completed the TCM program at Langara College, Vancouver. He is a frequent speaker on the subject of holistic medicine with a focus on Chinese medicine and related topics. Prior to his election to the CTCMA Board of Directors he was a leader in the TCM community and sat on the boards of a number of professional organizations. He was active in public education, advocacy and public relations. As a member of the Board, Paul looks forward to working to protect the public interest to ensure practitioner competence at a level of professionalism expected by British Columbians.



HO, Paul Sit Cheong

Paul Sit Cheong Ho is a Registered Acupuncturist who has practiced in Vancouver for a number of years. He is a graduate of Langara College, Vancouver. Mr. Ho is currently registered in the Master Degree in Pharmacology program at the Guangzhou University of Chinese Medicine, Guangzhou, China. He received his Bachelor Degree of Business Administration from CHU, China. He is fluent in English, Cantonese and Mandarin. With his business background he has wide experience in organization, administration and management. Before his election he was an active member of a number of professional organizations and was appointed to various board positions.

2013

ANOTHER ELECTION YEAR

The next Board election will be held in December 2013. The term for the three successful candidates will be 2014 – 2017.

It is time to consider running as a candidate for the Board. The CTCMA Directors of the Board are the people who ensure that the public is protected while guiding the profession into the future. If you are unable to commit to running for the Board, there are many other activities needing volunteers. If you are interested in sitting on a committee or simply interested in making a short term commitment please let us know. Committee and working groups are often looking for volunteers. If you have not done so already, it is hoped that you will consider participating in College activities in whatever way you are able to do so.

If you have not signed up for paperless newsletter and would like to help keep our planet green and reduce administrative costs, please reply to info@ctcma.bc.ca with **your name and registration number**. Future CTCMA newsletters will be emailed to you in PDF format.

如果您還沒有登記管理局電子季刊，但有意保護環境減少管理局開支，請將您的名字，電郵地址和註冊號碼發送至 info@ctcma.bc.ca。未來管理局季刊將以PDF格式通過電子郵件發送給您。

NATIONAL EXAMINATIONS

The Blueprint for the Pan-Canadian Written Examinations is now available.

CTCMA, in consultation with the Canadian Alliance of Regulatory Bodies of Traditional Chinese Medicine Practitioners and Acupuncturists (CARB-TCMPA), is pleased to announce the completion of the Blueprint for the Pan-Canadian Written Examinations. A copy of this Blueprint document can be found at the CTCMA website www.ctcma.bc.ca.

There will be three Multiple Choice written examination papers:

- The Pan-Canadian Written Examination for TCM Practitioners – will consist of approximately 200-210 multiple-choice questions [4 hours].
- The Pan-Canadian Written Examination for TCM Acupuncturists – will consist of approximately 150-160 multiple-choice questions [3 hours].
- The Pan-Canadian Written Examination for TCM Herbalists – will consist of approximately 150-160 multiple-choice questions [3 hours].

The first administration of the Pan-Canadian Written Examinations will take place on Tuesday, 8 October, 2013.

The Blueprint for the Pan-Canadian Clinical Case-study Examinations will be completed shortly.

CTCMA, in consultation with CARB-TCMPA, is working on the Blueprint for the Pan-Canadian Clinical Case-study Examinations. The completed blueprint will be posted on the CTCMA website and will provide details on the format and length for these examinations.

There will be three Clinical Case-study written examination papers:

- The Pan-Canadian Clinical Case-study Examination for TCM Practitioners
- The Pan-Canadian Clinical Case-study Examination for TCM Acupuncturists
- The Pan-Canadian Clinical Case-study Examination for TCM Herbalists

The Pan-Canadian Clinical Case-study Examinations will be written by candidates who have successfully completed the Pan-Canadian Written Examinations. The first administration of the Pan-Canadian Clinical Case-study Examinations will take place on Tuesday 21 January 2014.

Examination Application packages will be posted in May. Applications will be submitted to CTCMA as in previous years. CTCMA will process the applications and notify applicants of their eligibility.

In British Columbia the examinations will be administered in the Greater Vancouver area. The location and times will be available closer to the examination date.

全國資格考試

全國考試的出題範圍指南(藍圖)目前已經出台。

通過與加拿大中醫針灸師監管單位聯盟的諮詢協商，卑詩省中醫針灸師管理局很高興宣布全國考試的出題範圍指南（藍圖）已經完成。有興趣的註冊成員可在卑詩省中醫針灸師管理局的網站瀏覽 www.ctcma.bc.ca。

資格考筆試將有三類選擇題試題：

- 全國註冊中醫師筆試—包括大約200-210道選擇題 [考試時間4小時]
- 全國註冊針灸師筆試—包括大約150-160道選擇題 [考試時間3小時]
- 全國註冊中藥師筆試—包括大約150-160道選擇題 [考試時間3小時]

第一次全國資格考試將於2013年10月8日星期二舉行。

全國臨床個案考試的出題範圍指南(藍圖)將於近期內完成。

卑詩省中醫針灸師管理局目前正在與加拿大中醫針灸師監管單位聯盟諮詢協商，著手研擬全國臨床個案考試出題範圍指南。完成的出題範圍指南將公布在管理局的網站，並針對考試的形式與長度做詳細解釋。

臨床個案考試分為三類：

- 全國註冊中醫師臨床個案考試
- 全國註冊針灸師臨床個案考試
- 全國註冊中藥師臨床個案考試

只有成功通過全國資格筆試的申請人才能參加全國臨床個案考試，第一次臨床個案考試考試將於2014年1月21日星期二舉行。

全套考試申請表格將於五月公布。應試申請人仍將如同往年向卑詩省中醫針灸管理局遞送申請表，管理局會處理申請表並告知申請人是否符合考試資格。

在卑詩省所有考試都將在大溫地區舉行，確切地點及時間將於考試日期接近時公布。

PUBLIC ENQUIRIES COLUMN

Often patients telephone or come into the College with questions about treatments. Registrants may find it of interest to have examples of concerns members of the public bring to the College.

Question

A TCM doctor sold some ointments to me but when I asked him about the ingredients in the cream, he did not tell me what was in them. I was wondering if it is mandatory for licensed TCM doctors in the CTCMA to properly list the ingredients of products they sell to patients or if there is any protocol in 'prescribing' medication to patients.

Response

CTCMA registrants are required to obtain informed consent from their patients. Informed consent includes being informed of what ingredients are in any type of prescribed substance. The practitioner is required to inform you of what ingredients are in the medication including any side-effects/warnings applicable. For further information please go to our website at www.ctcma.bc.ca. On the website you will be able to obtain information on the Practice Standard for Informed Consent, the booklet Consent to Treatment, and the Safety Program Handbook.

大眾詢問專欄

經常有病人來電詢問或是親自來管理局請教有關治療方面的問題。註冊成員也許對於大眾向管理局提出的問題感到興趣。

問題

一位中醫師曾賣給我一些藥膏，可是我問他藥膏裡面的成份時，他並沒有告訴我。我想請問：持有卑詩省中醫針灸師管理局執照的中醫師向病人出售藥品時，是否有義務列出其中的成份，或者在開藥方給病人時，需不需要遵照一定的規定。

回答

卑詩省中醫針灸師管理局的註冊成員在執業時必需取得病人的知情同意，所謂的知情同意包括告知病人任何形式處方內的成份。醫師有義務告訴你藥方內的成份，以及任何相關的副作用或警示。若需更多的詳情，請查詢管理局的網站 www.ctcma.bc.ca。在網站裡您可以獲得有關“知情同意執業標準”的信息 (Practice Standard for Informed Consent)、 “同意接受治療”的小冊子 (Consent to Treatment)，以及醫療安全手冊 (Safety Program Handbook)。

Board Election 2013 - Important Dates

CTCMA election of board members must be conducted according to the Bylaws. This newsletter serves as notice to all registrants of the 2013 Election. There are three positions up for election for the 2014-2017 term.

Thursday, 10 October 2013	Deadline for receipt of nominations by 12:00 pm noon
Friday, 08 November 2013	CTCMA will mail ballots to all registrants on/before this date
Wednesday, 11 December 2013	Ballots must be received at CTCMA office by 12:00 pm noon

2013年理事選舉—重要日期

根據卑詩省中醫針灸管理局的法規，管理局需定期舉辦理事會成員選舉，本期會訊正式通知所有註冊成員2013年理事選舉事宜。下一任理事任期為2014-2017年，共有三名理事空缺。

2013年10月10日 星期四	人選提名期限，所有提名需在中午12點之前送交管理局。
2013年11月8日 星期五	管理局在此日期之前將選票寄出給所有註冊成員。
2013年12月11日 星期三	投票期限：註冊成員需在中午12點前將選票送交管理局。

Moving?

Important notice if you are moving, changing your name and/or address

這是關於搬遷及更改姓名、地址的重要通告

A registrant must immediately notify the Registrar of any change of address, name or any other registration information previously provided to the Registrar. The address change form is available on the CTCMA website.

The signed form can be returned by fax, email or postal service.

The BC Services Card

February 15, 2013, the provincial government introduced the BC Services Card, which will be phased in over a five-year period. The new card replaces the CareCard, can be combined with the driver's licence and also serves as government-issued identification. All BC Services Cards will have an expiry date, enhanced security features and most will have a photograph, which will help to improve patient safety and reduce card misuse.

The Medical Services Plan (MSP) will be the first program available through the new card. With this change, there is a new requirement for most adult BC residents to renew their enrolment in MSP by 2018.

New regulations have come into effect for health care providers, including the duty to verify patients' enrolment in MSP and the duty to report MSP misuse. For information on these requirements and more, please visit: health.gov.bc.ca/insurance/pros.html where you will find the following resources:

- BC Services Card ID fact sheet;
- Questions and answers;
- eLearning tool; and,
- Technical readiness information.

For further information or translation in Chinese, please visit: BCServicesCard.ca/order

For more general information by telephone 1-800-663-7867 (604-660-2421 in Metro Vancouver and 250-387-6121 in Victoria).

“Balance” is published by:

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經鑑定符合真正菌種

養生靈芝

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及珍貴的天然靈芝破壁孢子

巴西蘑菇

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冬蟲夏草菌絲體純液 紅景天複方

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Upcoming Events & Courses from Eastern Currents

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Susan Johnson: Master Tung's 6-Part Series

April 6-7, 2013 - Best of Master Tung's Magic Points (13 CEUS) | May 4-5, 2013 - Beginning Series Pt. 1 (13 CEUS)

June 1-2, 2013 - Beginning Series Pt. 2 (13 CEUS) | July 6-7, 2013 - Beginning Series Pt. 3 (13 CEUS)

August 23-25, 2013 - Advanced Series Pt. 1 (19.5 CEUS) | September 20-22, 2013 - Advanced Series Pt. 2 (19.5 CEUS)

This seminar series is your exclusive opportunity to learn Master Tung's Magic Points, from Susan Johnson in 2013. These seminars are designed for both beginner and advanced students, and the points are appropriate for practitioners at every level. Take away an invaluable recipe book of points - it's simple to learn, useful and effective right away. All courses are being offered live in Vancouver, with the option to participate via live streaming from the comfort of your home.



Qi beauty™ Intensive Training with Kathy Pedersen - An exclusive practice-building opportunity!

April 20-21, 2013 in Toronto, ON and April 27-28, 2013 in Vancouver, BC

We're very excited to welcome back Kathy Pedersen and her Qi beauty team! Fresh from Australia, this Qi beauty training course is designed for practitioners and therapists with a strong background in TCM. By activating Qi around the face using Qi beauty's clinically tested acu-points, not only is skin repaired but volume is restored to lift and define the entire face, much like a cosmetic facelift treatment. Qi beauty uses gold plated magnetic stimulators, no needles! Visit us online to learn more about this exciting new modality that can become a real income generator for your clinic. Space is limited to 26 people.

FREE Live Webinar: In the Clinic with Professor Neil R. Gumenick

April 23, 2013 | 6:00-7:00 PM (PST)

Join us for this FREE 1 hour introduction to Professor Neil Gumenick's 5-part webinar series taking place Fall 2013. This introduction and upcoming webinar series is the next best thing to spending time in the clinic with Professor Neil Gumenick. Get a taste of the series' curriculum such as the theory of Classical Diagnosis, interview skills to uncover deeper needs of the patient, and how to translate diagnostic information into a customized treatment plan for your patients.



Eight Extraordinary Channels with David Twicken

May 25-26, 2013 - Live in Vancouver, BC (14 CEUS)

The Eight Extraordinary Channels are one of the most fascinating aspects of the acupuncture channel system. These channels are the bridge between prenatal and postnatal influences in our life. The Eight Extraordinary Channels' terrain is Jing, essence, and source Qi. These channels influence the yuan, or deep layers of our body, mind, and spirit. Join us in this fascinating weekend journey exploring the blueprints of our being! This workshop will include guided exercises along with practical clinical protocols bringing these Extraordinary channels alive in you!

Lingering Pathogens: A 5 Part Live Webinar Series with Will Maclean

May 28, June 4, 11, 18 & 25, 2013 | 5:00 PM - 7:00PM (PST) (2 CEUS/Webinar)

Persistent infection and chronic immune dysfunction are common problems in the clinic. They may be due to an unresolved or persistent viral, bacterial, amoebic or fungal infection, or the result of an immune imbalance due to an immune reaction to chemicals, chemotherapy, radiation, or severe emotional trauma. Clinical experience shows that pathogens that get trapped in the body tend to be located in distinct and clearly defined locations. These locations can be precisely determined. This course presents an accessible and user-friendly model that facilitates the analysis of the location and nature of the most commonly seen types of lingering pathogen. This is a multi-part series consisting of 5 webinars.



Pain Management Using Ear & Body Needles with Tom Corbin

June 22-23, 2013 - Live in Vancouver, BC (13 CEUS)

This two day seminar on pain management using ear and body needles presents the most recent advances in the utilization of ear reflex points for the alleviation of pain, addiction and stress related disorders. The course provides the fundamental knowledge of the somatotopic correspondence of the physical body to the inverted fetus pattern represented on the external ear. The course is tailored for health professionals that want to learn more about the diagnostic as well as treatment aspects of auricular therapy.

For more information on any of the above courses please visit
www.eclearning.ca or call 1-800-667-6866



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2013 Workshops



David Legge
(Author of *Close to the Bone*)
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and Acupuncture Treatment of Painful
Musculoskeletal Disorders
April 6-7, 2013



Michael Lium-Hall
Community Acupuncture 101:
From Start-Up to Success
September 7-8, 2013



Will Maclean
(Author of *Clinical Handbook of
Internal Medicine series*)
Lingering Pathogens in
Chinese Medicine
September 28-29, 2013



Dr. Bruce Ferguson
Integrating Dr. Tan's Balance Method
with Distal Point Microsystems
for Rapid Clinical Results
November 9-10, 2013



PACIFIC RIM
COLLEGE

TCM Continuing Education



Jason Robertson
(Author of *Applied Channel Theory
in Chinese Medicine*)
Channel Palpation Clinicals:
Diagnosis and Treatment
December 7-8, 2013

Other Workshops

- Ann Harman**
Distillation & Hydrosol Therapy
- Robert Rogers**
Healing Emotional & Spiritual
Aspects of Dis-ease
- Betty-Ann Thomson**
Launching Your Heart-
Centred Business
- Margi Flint**
Western Herbal Diagnosis

2014 Workshops

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Chinese Pulse Diagnosis
- Martha Lucas**
TCM Fertility
- Peter Deadman**
Chinese Health Tradition
- Joel Salatin**
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There has to be a significant change in the way that we approach food, in the way we grow food and the way that we see our diet.

◆ ANTHONY DANIELS

I never believed that cancer was a curable disease. Now, in the light of what we have discovered, I believe that cancer is curable."

◆ PROFESSOR GERRY POTTER



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SALVESTROLS NATURE'S DEFENCE AGAINST CANCER BRIAN A. SCHAEFER



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Cordyceps mycelia

Cordyceps mycelia 冬蟲夏草

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▲ GC/MS Detects pesticide residue, such as BHT, DDT.

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國際著名中醫經方大家 黃煌 教授 2013 溫哥華 學術講座

Announcing: Dr. Huang Huang - 2013 Vancouver Seminar

Bema Botanical Solutions Ltd is delighted to announce that Dr. Huang Huang, the Classical TCM Shang Han Lun master of our time, will be in Vancouver this summer for two great informative seminars!

Dr. Huang Huang has long been devoted to the study and advancement of Classical Formulas and has constantly put forward innovative rationales and strategies. He is a prominent lecturer internationally known for his integration of Classical TCM knowledge with practical clinical wisdom. Many of his works are translated and available in English. He will demonstrate how Classic TCM is experiential prescriptions tested through time with objective and observable results – and it can be effectively and efficiently applied by corresponding prescription of herbs/formulas with presentations of symptoms and patterns, while considering constitutional dispositions. On this basis, to facilitate clinical application and modern research, he has clearly conceptualized “Constitutional of Herb Families” and complemented with signs that suggest for the effective and safe use of herbs and formulas such as “Chai Hu region”, “Da Huang tongue”, “Fu Zi pulse”, “Shao Yao foot”...etc.

黃煌教授（南京中醫藥大學，當代中醫南方派經方國際著名學者）常年應邀於海內外講學中醫和經方，分享如何緊密結合中醫學術基礎及臨床應用，以應證經方之高實用性，明確性與客觀性。經方方證藥證為本，兼容現代醫學的疾病診斷與傳統的體質辨證，黃煌教授發展出“方-病-人”的診療思維模式，每每達到一劑知，二劑已的成效。黃煌教授的講座繼往開來且深入淺出，追求經方的簡約與實用，有益於當代中醫和經方的傳承與發展。Bema Botanical Solutions Ltd. 誠摯邀請各位醫師同道參與今年暑期兩場難得的中醫經方學術講座。

July 28 to July 29

Classical Formulae and Presentation with Dr. Huang Huang – In-depth Study with Clinical Applications (16 CE Hours Bilingual, English and Mandarin Chinese)

「經方方證解讀與深入應用 與 黃煌教授常用 20 經方臨床心得」(16 學時中英雙語)

August 04 to August 05

「臨床應用經方治療現代疑難症」16 學時，中文教學 (Mandarin Chinese)

Location 地點: Radisson Hotel, Vancouver Airport (8088 Cambie Road, Richmond, BC)
Hosted by 主辦: Bema Botanical Solutions Ltd.

Coordinated with 聯合協辦: QATCMA, TCMABC, NTCM, ICTCMV, PCU College, ProD
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